# UNIVERSITY OF PENNSYLVANIA - PERELMAN SCHOOL OF MEDICINE Curriculum Vitae

Date: February, 2022

## Mathias Basner, M.D., Ph.D., M.Sc.

Office Address: Department of Psychiatry, Unit for Experimental Psychiatry

Division of Sleep and Chronobiology

Perelman School of Medicine at the University of Pennsylvania

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## If you are not a U.S. citizen or holder of a permanent visa, please indicate the type of visa you have:

#### Permanent Resident

#### Education:

1992-1999	M.D.	University of Bochum
		Bochum, Germany
1994-2001	Ph.D.	University of Bochum (Research)
		Bochum, Germany
2002-2006	M.Sc.	University of Bielefeld (Epidemiology)
		Bielefeld, Germany

# Postgraduate Training and Fellowship Appointments:

1999-2000 N	Medical Interi	n
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German Aerospace Center (DLR) Institute of Aerospace Medicine Flight Physiology Division

Cologne, Germany

2004-2006 Visiting Fellow

Institute for Technology Assessment (ITA)

Massachusetts General Hospital

Harvard Medical School

Boston, MA

2006-2007 Research Associate

Division of Sleep and Chronobiology

Department of Psychiatry

University of Pennsylvania School of Medicine

Philadelphia, PA

Military Service: None

Faculty Appointments:

2008-2009 Adjunct Assistant Professor of Epidemiology in Psychiatry

Department of Psychiatry

University of Pennsylvania School of Medicine

Philadelphia, PA

2010-2015 Assistant Professor of Sleep and Chronobiology in Psychiatry

Department of Psychiatry

University of Pennsylvania School of Medicine

Philadelphia, PA

2015-2020 Associate Professor of Sleep and Chronobiology in Psychiatry

Department of Psychiatry

University of Pennsylvania School of Medicine

Philadelphia, PA

2020-Present Professor of Psychiatry

Department of Psychiatry

University of Pennsylvania School of Medicine

Philadelphia, PA

**Hospital and Administrative Appointments:** 

1999-2006 MD Scientist

German Aerospace Center (DLR) Institute of Aerospace Medicine Flight Physiology Division

Cologne, Germany Department Head

Flight Physiology Division

German Aerospace Center (DLR) Institute of Aerospace Medicine

Cologne, Germany

2009 Leader

Research topic "Human Factors and Safety in Aviation" at the German

Aerospace Center (DLR)

Cologne, Germany

2019-Present Director, Behavioral Regulation & Health Section

Department of Psychiatry, University of Pennsylvania Perelman School

of Medicine

2021-Present Director, Unit for Experimental Psychiatry, Division of Sleep and

Chronobiology

Department of Psychiatry, University of Pennsylvania Perelman School

of Medicine

Other Appointments:

2008-2009

2010-Present Member

Institute for Translational Medicine and Therapeutics (ITMAT) of the

University of Pennsylvania

Philadelphia, PA

2012-2017 Member

John Morgan Society

University of Pennsylvania

Philadelphia, PA

2014-2019 Corresponding Member

International Academy of Astronautics

Paris, France

2019-Present Member

**International Academy of Astronautics** 

Paris, France

**Specialty Certification:** None

Licensure:

Full Medical Licensure (Germany)

# Awards, Honors and Membership in Honorary Societies:

1996	Dissertation Stipend of the Faculty of Medicine, University of Bochum, Germany
2007	Science Award, German Aerospace Center (DLR)
2008	Honorable mention, Munich Airport Innovation and Environment Award (MUC Award)
2010	Albrecht-Ludwig-Berblinger Science Award, German Academy for Aviation and Travel Medicine
2012	Best Poster Award, 9 <sup>th</sup> Annual Center for Sleep and Circadian Neurobiology (CSCN) Research Retreat, Perelman School of Medicine at the University of Pennsylvania
2016	Journal Publication Award for the Most Outstanding Space Medicine Article published in the Aerospace Medicine and Human Performance Journal, awarded by the Space Medicine Association
2018	International Space Station (ISS) Innovation Award – Earth Science and Remote Sensing for "Development of Neurocognitive Assessment Battery for Use on the ISS", awarded by the American Astronautical Society at the International Space Station Research & Development Conference, San Francisco, CA

# Memberships in Professional and Scientific Societies and Other Professional Activities:

International:

German Sleep Research Society (DGSM), Member, 2000-2018 World Health Organization (WHO)

- Advisor, Exposure-Response Relationships of Noise on Health, 2002
- Advisor, Evidence Review on Aircraft Noise and Health, 2007
- Advisor, Community Noise Guidelines, 2014-2018
- Member, Coordination Group for the Project "Deriving Novel Disability Weights for Selected Health Outcomes Considered in Assessments of Health Impacts of Environmental Noise", 2021-Present

Epi-Loge Club, Germany, Vice President, 2005-2012

International Commission on Biological Effects of Noise (ICBEN)

- Team 5 (Effects of Noise on Sleep) Co-Chair, 2008-2014
- Secretary, 2008-2014
- President, 2014-2021

German Society of Aviation and Space Medicine (DGLRM), Member, 2010

Australian Antarctic Science (AAS) Program of the Australian Antarctic Division (AAD), Grant Reviewer, 2012

Medical, Physiological and Psychological Research Using Concordia Antarctic Station as Human Exploration Analogue (AO-11-Concordia), European Space Agency (ESA), Grant Review Panel Member, 2012

German Research Foundation (Deutsche Forschungsgemeinschaft, DFG), Grant Reviewer, 2012

Australian Government, National Health and Medical Research Council: Evidence on Wind Farms and Human Health, Expert Reviewer, 2014

International Civil Aviation Organization (ICAO), Committee on Aviation Environmental Protection (CAEP), Impacts and Science Group (ISG), Member, 2014-Present

Opponent, thesis defense of Michael G. Smith, Department of Occupational and Environmental Medicine, Institute of Medicine, University of Gothenburg, Sweden, 2017

Biotechnology and Biological Sciences Research Council (BBSRC), United Kingdom, Grant Reviewer, 2017

Netherlands Organization for Scientific Research, Earth and Life Sciences Division, Grant Reviewer, 2018

Wellcome Trust, United Kingdom, Grant Reviewer, 2018

National Institute for Occupational Safety and Health (NIOSH) 2020 Science and Service Awards, Reviewer, 2020

National Aeronautics and Space Administration (NASA) and European Space Agency (ESA), ESA/NASA Brain and SANS Expert Team, Member, 2020-2022

National:

Sleep Research Society, Member, 2007-Present

American Academy of Sleep Medicine, Member, 2009-2017

- Sleep Deprivation Steering Committee Member, 2012-2016

Aerospace Medical Association, Member, 2018-Present

Partnership for Air Transportation Noise & Emissions Reduction (PARTNER), FAA (Federal Aviation Administration) Center of Excellence, Coordinator for the University of Pennsylvania, 2010-2014

Aviation Sustainability Center (ASCENT), FAA (Federal Aviation Administration) Center of Excellence, Coordinator for the University of Pennsylvania, 2013-Present

NIH Basic Behavioral and Social Sciences Research Opportunity Network (OppNet), Review Panel Member, 2011

International Space Medicine Summit, James A. Baker III Institute for Public Policy, Rice University, Houston, TX

- Future Analogs Panel Member, 2012
- Planning for Long-Duration Missions Panel Member, 2013
- TWINS Study Panel Member, 2016

Veterans Affairs (VA), Joint Biomedical Laboratory Research and Development and Clinical Science Research and Development Services Scientific Merit Review Board - Review Panel for Neurobiology B (NURB), Member, 2013

Transportation Research Board of the National Academies, Study of FAA Air Traffic Controller Staffing, Committee Member, 2013-2014

National Space Biomedical Research Institute (NSBRI), First Award Fellow post-doc program, Reviewer, 2014

Committee on National Statistics, Board on Human-Systems Integration, Division of Behavioral and Social Sciences and Education and Transportation Research Board, Panel on Research Methodologies and Statistical Approaches to Understanding Driver Fatigue Factors in Motor Carrier Safety and Driver Health, Reviewer, 2015

30<sup>th</sup> Meeting of the Associated Professional Sleep Societies (APSS), Denver, CO, Session Proposal reviewer, 2015

National Academies of Sciences, Engineering, and Medicine, Commercial Motor Vehicle Driver Fatigue, Long-term Health, and Highway Safety: Research Needs, Reviewer, 2016

American Academy of Sleep Medicine and Sleep Research Society Consensus Conference on Shift Length Management, panel member, 2018-2021 National Aeronautics and Space Administration (NASA) CO<sub>2</sub> Exposure Technical Interchange Meeting, invited subject matter expert, May 11-12, 2020

Local: None

# **Editorial Positions**:

2008-2010	Editorial Board Member, Sleep
2010-2012	Associate Editor, Sleep
2011-2012	Guest Editor, Noise & Health
2012-2016	Deputy Editor, Sleep
2012-2018	Editorial Board Member, Noise & Health
2014-2016	Academic Editor, PLoS ONE
2017-2019	Editorial Board Member, Sleep Health
2017-Present	Editorial Board Member, Frontiers in Physiology
2018-2019	Guest Editor, International Journal of Environmental Research and Public Health
2019-2021	Associate Editor, Sleep Health
2021-Present	Senior Associate Editor, Sleep Health

#### Ad Hoc Reviewer (N=97)

Somnologie, 2006-Present

Sleep, 2007-Present

European Journal of Applied Physiology, 2009-Present

Journal of Sleep Research, 2009-Present

Journal of Clinical Sleep Medicine, 2009-Present

Noise & Health, 2009-Present

Psychiatry Research, 2009-Present

Applied Acoustics, 2010-Present

Biological Psychology, 2010-Present

Brain Research, 2010-Present

Human Factors, 2010-Present

Industrial Health, 2010-Present

Journal of General Internal Medicine, 2010-Present

International Journal of Environmental Research and Public Health, 2010-Present

Brain and Cognition, 2011-Present

Environmental Research, 2011-Present

Journal of Graduate Medical Education, 2011-Present

Journal of Occupational and Environmental Medicine, 2011-Present

Journal of Psychopharmacology, 2011-Present

Physiology & Behavior, 2011-Present

Acta Astronautica, 2012-Present

BMC Health Services Research, 2012-Present

Journal of Applied Physiology, 2012-Present

Journal of Exposure Science and Environmental Epidemiology, 2012-Present

Neuroscience & Biobehavioral Reviews, 2012-Present

Progress in Neurobiology, 2012-Present

PLoS One, 2012-Present

Noise Control Engineering Journal, 2012-Present

International Journal of Hygiene and Environmental Health, 2012-Present

Journal of Environmental and Public Health, 2012-Present

Healthy Aging and Clinical Care in the Elderly, 2013-Present

Sleep Medicine, 2013-Present

Contemporary Clinical Trials, 2013-Present

Environmental Health Perspectives, 2013-Present

Journal of Sleep Disorders: Treatment & Care, 2013-Present

Economics and Human Biology, 2013-Present

Annals of Internal Medicine, 2013-Present

Behavior Research Methods, 2013-Present

American Journal of Public Health, 2013-Present

electronic International Journal of Time Use Research, 2014-Present

European Heart Journal, 2014-Present

The Lancet, 2014-Present

Perceptual and Motor Skills, 2014-Present

The Lancet Neurology, 2014-Present

Transportation Research Part D: Transport and Environment, 2014-Present

American Journal of Preventive Medicine, 2014-Present

Cerebral Cortex, 2014-Present

Sleep Medicine Reviews, 2015-Present

Sleep Health, 2015-Present

Nature Microgravity, 2015-Present

Behavioral Sleep Medicine, 2015-Present

Accident Analysis and Prevention, 2015-Present

Proceedings of the National Academy of Sciences of the United States, 2016-Present

Psychonomic Bulletin & Review, 2016-Present

Applied Sciences, 2016-Present

Environmental Pollution, 2016-Present

Military Medical Research, 2016-Present

Scientific Reports, 2016-Present

Journal of Psychosomatic Research, 2016-Present

Environment International, 2016-Present

Somatosensory & Motor Research, 2017-Present

Science of the Total Environment, 2017-Present

Safety, 2017-Present

Journal of Sports Sciences, 2017-Present

Neuroscience Letters, 2017-Present

Medical Science Monitor Basic Research, 2017-Present

Clinical Epidemiology, 2017-Present

BioMed Research International, 2017-Present

New England Journal of Medicine, 2017-Present

International Journal of Obesity, 2017-Present

Life Sciences in Space Research, 2017-Present

International Journal of Hypertension, 2018-Present

International Journal of Psychophysiology, 2018-Present

Frontiers in Physiology, 2018-Present

Environmental Health, 2018-Present

Building and Environment, 2018-Present

Trends in Cardiovascular Medicine, 2018-Present

Frontiers in Human Neuroscience, 2018-Present

Circulation, 2018-Present

BMC Cancer, 2018-Present

BMJ British Medical Journal, 2018-Present

Journal of the American Heart Association, 2018-Present

International Journal of Industrial Ergonomics, 2019-Present

Frontiers in Psychology, 2019-Present

Journal of Child Psychology and Psychiatry, 2019-Present

Journal of the American Medical Association (JAMA), 2019-Present

IEEE Transactions on Instrumentation and Measurement, 2019-Present

JAMA Pediatrics, 2019-Present
Journal of Experimental Psychology, 2020-Present
Sustainability, 2020-Present
Chronobiology International, 2020-Present
Physiologic Measurement, 2020-Present
Ergonomics, 2020-Present
European Journal of Epidemiology, 2021-Present
BMC Neuroscience, 2021-Present
Acoustics, 2021-Present

#### Academic and Institutional Committees:

Psychoneuroendocrinology, 2021-Present

2011-Present Seminar Series Committee Member, Center for Sleep and Circadian Neurobiology (CSCN), Division of Sleep Medicine, Department of Medicine, University of Pennsylvania Perelman School of Medicine, Philadelphia, PA

2018-2019 Compensation Committee, Department of Psychiatry, University of Pennsylvania Perelman School of Medicine, Philadelphia, PA

# Major Academic and Clinical Teaching Responsibilities:

- 1. Lecturer, "Effects of nocturnal aircraft noise on humans", faculty and reviewers, Quinquennial Review of the Institute of Aerospace Medicine, German Aerospace Center (DLR), Cologne, Germany, 03/14/2001
- 2. Lecturer, "Noise effects on humans–from impaired hearing to disturbed sleep", general public, School Lab of the German Aerospace Center (DLR), Göttingen, Germany, 12/06/2005
- 3. Mentor, Master of Science in Medical Engineering student (Christian Glatz) from Bremerhaven University, Bremerhaven, Germany, 2005
- 4. Lecturer, "Effects of nocturnal aircraft noise–from research to application", faculty and reviewers, Quinquennial Review of the Institute of Aerospace Medicine, German Aerospace Center (DLR), Cologne, Germany, 04/26/2006
- 5. Supervisor, undergraduate student (Julia Shin), Independent Study in Psychology, Biological Basis of Behavior (BBB 399), Biological Basis of Behavior Program, School of Arts and Sciences, University of Pennsylvania, Philadelphia, PA, 2007
- 6. Mentor, graduate student in Psychology (Sandra Schwanitz) from the Institute for Psychology, Department of Work and Engineering Psychology, Technical University Darmstadt, Germany, 2009
- 7. Mentor, graduate student in Psychology (Susanne Klein) from the Institute for Psychology, Department of Work and Engineering Psychology, Technical University Darmstadt, Germany, 2009

- 8. Supervisor, CTSA (Clinical and Translational Science Awards) Summer Undergraduate Internship Program student (Michael W. Antzis), Unit for Experimental Psychiatry, Division of Sleep and Chronobiology, Department of Psychiatry, University of Pennsylvania School of Medicine, Philadelphia, PA, 2010
- 9. Mentor, Study design and analysis, VBA programming, post-baccalaureate trainee and research specialist (Eric Hyder), Unit for Experimental Psychiatry, Division of Sleep and Chronobiology, Department of Psychiatry, University of Pennsylvania School of Medicine, 2010-2012
- 10. Mentor, Study design and analysis, VBA programming, post-baccalaureate trainee and research technician (Adrian Di Antonio), Unit for Experimental Psychiatry, Division of Sleep and Chronobiology, Department of Psychiatry, University of Pennsylvania School of Medicine, 2010-2012
- 11. Instructor, Physiological and behavioral measurements, 20-30 undergraduate students (annually) working in the Sleep and Chronobiology Laboratory of the Unit for Experimental Psychiatry, Division of Sleep and Chronobiology, Department of Psychiatry, University of Pennsylvania School of Medicine, 2010-Present
- 12. Mentor, Study design and analysis, Statistics, post-baccalaureate trainee (Christopher Jones), Unit for Experimental Psychiatry, Division of Sleep and Chronobiology, Department of Psychiatry, University of Pennsylvania School of Medicine, 2010-2014
- 13. Discussion Leader, Tassi, P., Rohmer, O., Schimchowitsch, S., Eschenlauer, A., Bonnefond, A., Margiocchi, F., Poisson, F., Muzet, A.: "Living alongside railway tracks: Long-term effects of nocturnal noise on sleep and cardiovascular reactivity as a function of age", Environment International 2010, 36(7):683-9, Sleep Medicine Journal Club, Center for Sleep and Circadian Neurobiology, Division of Sleep Medicine, Department of Medicine, University of Pennsylvania School of Medicine, 01/14/2011
- 14. Lecturer, "Sleep disturbances due to environmental noise", undergraduate students, Human Chronobiology and Sleep, Biological Basis of Behavior 240, Biological Basis of Behavior Program, School of Arts and Sciences, University of Pennsylvania, 04/21/2011
- 15. Lecturer, "The sleepless society and your brain", undergraduate students, Preceptorials in Neuroscience and Society, The Wharton School, University of Pennsylvania, 11/22/2011
- 16. Mentor, EEG Power spectral analysis and unobtrusive detection of fatigue, post-doctoral researcher (Takashi Abe), Unit for Experimental Psychiatry, Division of Sleep and Chronobiology, Department of Psychiatry, Perelman School of Medicine at the University of Pennsylvania, 2011-2013
- 17. Lecturer, "Sleepless society time use, sleep loss and performance ", undergraduate students, Human Chronobiology and Sleep, Biological Basis of Behavior 240, Biological Basis of Behavior Program, School of Arts and Sciences, University of Pennsylvania, 04/19/2012
- 18. Lecturer, "The neurobehavioral consequences of sleep deprivation", residents and faculty, Department of Physical Medicine and Rehabilitation Grand Rounds, Perelman School of Medicine at the University of Pennsylvania, 07/18/2012
- 19. Lecturer, "Time use, sleep loss, and performance", undergraduate students, Preceptorials in Neuroscience and Society, Center for Neuroscience and Society, University of Pennsylvania, 11/06/2012

- 20. Mentor, Aircraft noise effects on sleep, post-doctoral researcher (Sarah McGuires), Unit for Experimental Psychiatry, Division of Sleep and Chronobiology, Department of Psychiatry, Perelman School of Medicine at the University of Pennsylvania, 2012-2017
- 21. Mentor, Neurocognitive assessment toolkit for space flight fatigue, post-doctoral researcher (Jason Schneiderman), Unit for Experimental Psychiatry, Division of Sleep and Chronobiology, Department of Psychiatry, Perelman School of Medicine at the University of Pennsylvania, 2012-2013
- 22. Supervisor, undergraduate student (Sarah Foley), Independent Study in Psychology, Biological Basis of Behavior (BBB 399), Biological Basis of Behavior Program, School of Arts and Sciences, University of Pennsylvania, 2012
- 23. Lecturer, "Traffic noise effects on sleep and health", undergraduate students, Human Chronobiology and Sleep, Biological Basis of Behavior 240, Biological Basis of Behavior Program, School of Arts and Sciences, University of Pennsylvania, 04/11/2013
- 24. Lecturer, "Observational data on sleep and vigilant attention in 137 interns and 87 residents at HUP and VA", Health Services Research Work-in-progress meeting, Division of General Internal Medicine, Perelman School of Medicine at the University of Pennsylvania, May 1, 2013
- 25. Lecturer, "The neurobehavioral consequences of sleep deprivation", residents and faculty, Department of Physical Medicine and Rehabilitation Grand Rounds, Perelman School of Medicine at the University of Pennsylvania, 07/03/2013
- 26. Lecturer, "Sleep deprivation", residents and faculty, Sleep Medicine Grand Rounds, Perelman School of Medicine at the University of Pennsylvania, 09/23/2013
- 27. Discussion Leader, Humphreys, K., Piot, P.: "Scientific evidence alone is not sufficient basis for health policy", British Medical Journal 344: e1316 (2012)mm, Sleep Medicine Journal Club, Center for Sleep and Circadian Neurobiology, Division of Sleep Medicine, Department of Medicine, Perelman School of Medicine at the University of Pennsylvania, 11/22/2013
- 28. Lecturer, "Sleep and circadian rhythms in space flight", undergraduate students, Human Chronobiology and Sleep, Biological Basis of Behavior 240, Biological Basis of Behavior Program, School of Arts and Sciences, University of Pennsylvania, 03/28/2014
- 29. Lecturer, "Traffic noise effects on sleep and health", undergraduate students, Human Chronobiology and Sleep, Biological Basis of Behavior 240, Biological Basis of Behavior Program, School of Arts and Sciences, University of Pennsylvania, 04/04/2014
- 30. Thesis committee member, Michael Grandner, "Short sleep duration, metabolic hormones, and inflammatory cytokines", Master in Translational Research (MTR), Perelman School of Medicine at the University of Pennsylvania, 2014
- 31. Mentor, Obesity and its relationship to waking activities, summer internship of medical student (Viral Patel), Unit for Experimental Psychiatry, Division of Sleep and Chronobiology, Department of Psychiatry, Perelman School of Medicine at the University of Pennsylvania, 6/2014-8/2014
- 32. Mentor, Aircraft noise effects on sleep, research assistant (Maryam Witte), Unit for Experimental Psychiatry, Division of Sleep and Chronobiology, Department of Psychiatry, Perelman School of Medicine at the University of Pennsylvania, 2014-2017

- 33. Lecturer, "Sleep deprivation", residents and faculty, Sleep Medicine Grand Rounds, Perelman School of Medicine at the University of Pennsylvania, 10/17/2014
- 34. Lecturer, "Sleep deprivation", Current Topics in Sleep Medicine from the University of Pennsylvania, online CME course, Perelman School of Medicine at the University of Pennsylvania, 2014
- 35. Lecturer, "Are 6 hours really enough? The effects of sleep deprivation on cognitive performance and health", undergraduate students, Preceptorials in Neuroscience and Society, Center for Neuroscience and Society, University of Pennsylvania, 11/05/2014
- 36. Lecturer, "The neurobehavioral consequences of sleep deprivation", residents and faculty, Department of Physical Medicine and Rehabilitation Grand Rounds, Perelman School of Medicine at the University of Pennsylvania, 03/25/2015
- 37. Lecturer, "Sociodemographic characteristics and short sleep", undergraduate students, Human Chronobiology and Sleep, Biological Basis of Behavior 240, Biological Basis of Behavior Program, School of Arts and Sciences, University of Pennsylvania, 04/03/2015
- 38. Lecturer, "Traffic noise effects on sleep and health", undergraduate students, Human Chronobiology and Sleep, Biological Basis of Behavior 240, Biological Basis of Behavior Program, School of Arts and Sciences, University of Pennsylvania, 04/03/2015
- 39. Supervisor, undergraduate student (Jian Liu), Independent Study in Psychology, Biological Basis of Behavior (BBB 399), Biological Basis of Behavior Program, School of Arts and Sciences, University of Pennsylvania, Philadelphia, PA, 2015
- 40. Supervisor, undergraduate student (Emanuel Hermosillo), Independent Study in Psychology, Biological Basis of Behavior (BBB 399), Biological Basis of Behavior Program, School of Arts and Sciences, University of Pennsylvania, Philadelphia, PA, 2015
- 41. Lecturer, "Sleep deprivation", residents and faculty, Center for Sleep and Circadian Neurobiology (CSCN) Summer Lecture Series, Department of Medicine, Perelman School of Medicine at the University of Pennsylvania, 7/14/2015
- 42. Lecturer, "Strategies for Success: Tenure Track Professors", residents and faculty, Faculty Affairs and Professional Development ADVANCE program presentation, Perelman School of Medicine at the University of Pennsylvania, 9/10/2015
- 43. Lecturer, "Sociodemographic determinants and consequences of short sleep", residents and faculty, Psychiatry Grand rounds, Department of Psychiatry, Perelman School of Medicine at the University of Pennsylvania, 10/22/2015
- 44. Lecturer, "Are 6 hours really enough? The effects of sleep deprivation on cognitive performance and health", undergraduate students, Preceptorials in Neuroscience and Society, Center for Neuroscience and Society, University of Pennsylvania, 11/18/2015
- 45. Lecturer, "Health in Space", students, Penn Aerospace Club, Huntsman Hall, G92, The Wharton School of the University of Pennsylvania, 2/25/2016
- 46. Class visit and lecturer, "Spaceflight and the one-year mission", 5<sup>th</sup> graders, Friends Central Elementary School, Wynnewood, PA, 3/10/2016
- 47. Lecturer, "Sociodemographic determinants and consequences of short sleep", residents and faculty, Department of Physical Medicine and Rehabilitation Grand Rounds, Perelman School of Medicine at the University of Pennsylvania, 3/29/2016

- 48. Lecturer, "Identifying and mitigating sleep restriction on Earth and in space", residents and faculty, Penn Sleep Medicine & Penn Chronobiology Program Collaborative Annual Research Retreat, Perelman School of Medicine at the University of Pennsylvania, 5/11/2016
- 49. Lecturer, "Sociodemographic determinants and consequences of short sleep", undergraduate students, Human Chronobiology and Sleep, Biological Basis of Behavior 240, Biological Basis of Behavior Program, School of Arts and Sciences, University of Pennsylvania, 3/18/2016
- 50. Lecturer, "Sleep and circadian rhythms in spaceflight", undergraduate students, Human Chronobiology and Sleep, Biological Basis of Behavior 240, Biological Basis of Behavior Program, School of Arts and Sciences, University of Pennsylvania, 3/18/2016
- 51. Lecturer, "Traffic noise effects on sleep and health", undergraduate students, Human Chronobiology and Sleep, Biological Basis of Behavior 240, Biological Basis of Behavior Program, School of Arts and Sciences, University of Pennsylvania, 3/18/2016
- 52. Lecturer, "Sleep deprivation", residents and faculty, Center for Sleep and Circadian Neurobiology (CSCN) Summer Lecture Series, Department of Medicine, Perelman School of Medicine at the University of Pennsylvania, 7/14/2016
- 53. Mentor, Study on Increasing Cognition Administration Order Flexibility (Salil Saxena), Unit for Experimental Psychiatry, Division of Sleep and Chronobiology, Department of Psychiatry, Perelman School of Medicine at the University of Pennsylvania, 6/2016-8/2016
- 54. Lecturer, "Sociodemographic determinants and consequences of short sleep", residents and faculty, Department of Physical Medicine and Rehabilitation Grand Rounds, Perelman School of Medicine at the University of Pennsylvania, 3/8/2017
- 55. Lecturer, "Sleep deprivation", residents and faculty, Center for Sleep and Circadian Neurobiology (CSCN) Summer Lecture Series, Department of Medicine, Perelman School of Medicine at the University of Pennsylvania, 7/14/2017
- 56. Lecturer, "Are 6 hours really enough? The effects of sleep deprivation on cognitive performance and health", undergraduate students, Preceptorials in Neuroscience and Society, Center for Neuroscience and Society, University of Pennsylvania, 11/15/2017
- 57. Lecturer, "Sleep-wake and circadian challenges on our way to Mars", undergraduate and master program students, Aerospace Club, Huntsman Hall, Perelman School of Medicine at the University of Pennsylvania, 11/29/2017
- 58. Mentor, Study design and analysis, Statistics, post-baccalaureate trainee (Maryam Witte), Unit for Experimental Psychiatry, Division of Sleep and Chronobiology, Department of Psychiatry, University of Pennsylvania School of Medicine, 2014-2017
- 59. Mentor, Study design and analysis, Statistics, post-baccalaureate trainee (Emanuel Hermosillo), Unit for Experimental Psychiatry, Division of Sleep and Chronobiology, Department of Psychiatry, University of Pennsylvania School of Medicine, 2015-2018
- 60. Kings Court English House Hall Talk, "Sleep deprivation", undergraduate students, University of Pennsylvania, Kings Court English House, Sansom Street, Philadelphia, PA, 1/30/2018

- 61. Lecturer, "Sleep-wake and circadian challenges on our way to Mars", residents and faculty, Department of Physical Medicine and Rehabilitation Grand Rounds, Perelman School of Medicine at the University of Pennsylvania, 4/25/2018
- 62. Faculty Mentor, "Healthy Behaviors Competing for Time: Association of Sleep and Exercise in Working Americans", Master thesis for a degree in Public Health (Christopher Yao), Perelman School of Medicine at the University of Pennsylvania, 2017-18
- 63. Lecturer, "Sleep deprivation", residents and faculty, Center for Sleep and Circadian Neurobiology (CSCN) Summer Lecture Series, Department of Medicine, Perelman School of Medicine at the University of Pennsylvania, 7/13/2018
- 64. Lecturer, "The neurobehavioral consequences of sleep deprivation", residents and faculty, Department of Physical Medicine and Rehabilitation Grand Rounds, Perelman School of Medicine at the University of Pennsylvania, 3/6/2019
- 65. Lecturer, "Sleep-Wake and Circadian Challenges on Our Way to Mars", undergraduate students, Human Chronobiology and Sleep, Biological Basis of Behavior 240, Biological Basis of Behavior Program, School of Arts and Sciences, University of Pennsylvania, 3/19/2019
- 66. Lecturer, "Effects of Environmental Noise on Sleep and Health", residents and faculty, Fourteenth Annual CEET Symposium Environmental Neuroscience, Henry A. Jordan Medical Education Center, Perelman School of Medicine, University of Pennsylvania, 5/30/2019
- 67. Lecturer, "Healthy behaviors competing for time: associations of sleep and exercise in working Americans", students, residents, and faculty, Clock Meeting, Perelman School of Medicine at the University of Pennsylvania, 6/17/2019
- 68. Lecturer, "Sleep deprivation", residents and faculty, Center for Sleep and Circadian Neurobiology (CSCN) Summer Lecture Series, Department of Medicine, Perelman School of Medicine at the University of Pennsylvania, 7/10/2019
- 69. Lecturer, "Sleep deprivation", medical students, organized by the Psychiatry Student Interest Group, Jordan Medical Education Center, Perelman School of Medicine, Philadelphia, PA, 9/3/2019
- 70. Dissertation Committee Member, "Predictors of inter-individual differences in vulnerability to neurobehavioral consequences of chronic partial sleep restriction", Olga Galli, School of Arts and Sciences, Department of Psychology, University of Pennsylvania, 2016-2019
- 71. Chair, Mentoring Committee, David Roalf, Department of Psychiatry, Perelman School of Medicine, University of Pennsylvania, 2018-Present
- 72. Mentor, post-doctoral researcher (Michael Smith), Unit for Experimental Psychiatry, Division of Sleep and Chronobiology, Department of Psychiatry, Perelman School of Medicine at the University of Pennsylvania, 2018-2021
- 73. Post-doctoral researcher mentorship committee member (Christopher Jones), Unit for Experimental Psychiatry, Division of Sleep and Chronobiology, Department of Psychiatry, Perelman School of Medicine at the University of Pennsylvania, 2019-Present

- 74. Post-doctoral researcher mentorship committee member (Makayla Cordoza), Unit for Experimental Psychiatry, Division of Sleep and Chronobiology, Department of Psychiatry, Perelman School of Medicine at the University of Pennsylvania, 2019-Present
- 75. Mentor, post-doctoral researcher (Samantha Riedy), Unit for Experimental Psychiatry, Division of Sleep and Chronobiology, Department of Psychiatry, Perelman School of Medicine at the University of Pennsylvania, 2020
- 76. Faculty Mentor, "Dynamic prediction of cognitive function in space", Master thesis for a degree in Statistics (Danni Tu), Perelman School of Medicine at the University of Pennsylvania, 2019-20
- 77. Lecturer, "Sleep deprivation effects on cognitive performance and health", medical students, Brain and Behavior Course, Perelman School of Medicine at the University of Pennsylvania, 2020-Present
- 78. Lecturer, "Sleep Deprivation", undergraduate students, Human Chronobiology and Sleep, Biological Basis of Behavior 240, Biological Basis of Behavior Program, School of Arts and Sciences, University of Pennsylvania, 2020-Present
- 79. Lecturer, "Sleep-Wake and Circadian Challenges on Our Way to Mars", undergraduate students, Human Chronobiology and Sleep, Biological Basis of Behavior 240, Biological Basis of Behavior Program, School of Arts and Sciences, University of Pennsylvania, 2019-Present
- 80. Lecturer, "The neurobehavioral consequences of sleep deprivation", residents and faculty, Department of Physical Medicine and Rehabilitation Grand Rounds, Perelman School of Medicine at the University of Pennsylvania, 2019-Present
- 81. Lecturer, "The neurobehavioral consequences of sleep deprivation", University of Pennsylvania Naval Reserve Officers Training Corps, Hollenback Center, 10/20/2021
- 82. Lecturer, "Wearable devices and mobile health a sleep, noise effects and astronaut behavioral health research perspective", faculty and students, DBEI Research Integration Focus Series, Perelman School of Medicine at the University of Pennsylvania, 1/13/2022

#### Lectures by Invitation:

June 20, 2001	"The influence of aircraft noise on human sleep", Le Bourget Air Show, ONERA (French Space Agency), Le Bourget, France
September 13, 2001	"Overview of variables influencing the results of the Pupillographic Sleepiness Test", Vigilance Working Group, 9 <sup>th</sup> Annual Meeting of the German Sleep Society (DGSM), Hamburg, Germany
June 15, 2004	"Aircraft noise effects on sleep – new results of comprehensive laboratory and field studies conducted within the project 'Quiet Air Traffic'", 3 <sup>rd</sup> Conference on Aircraft Noise, Rheine, Germany
July 16, 2004	"Presentation of the DLR-Study", Conference on the Adverse Effects of Aircraft Noise, Ministry of the Environment, Bonn, Germany

August 24, 2004	"Aircraft noise effects on sleep: Final results of DLR laboratory and field studies of 2240 polysomnographically recorded subject nights", InterNoise 2004, Prague, Czech Republic
September 30, 2005	"Markov state transition models for the prediction of changes in sleep structure induced by aircraft noise", International Agency for Research on Cancer (IARC), Lyon, France
October 16, 2005	"Aircraft noise effects on sleep: results of 2240 polysomnographically recorded subject nights in laboratory and field studies", 1 <sup>st</sup> Congress of the World Association of Sleep Medicine, Berlin, Germany
January 17, 2006	"Application of DLR results for a protective concept against adverse effects of nocturnal aircraft noise", Ministry of Transport, Bonn, Germany
January 20, 2006	"Aircraft noise protection concept for airport Leipzig/Halle", Aircraft Noise Symposium organized by the University of Leipzig, Leipzig, Germany
March 8, 2006	"Aircraft noise protection concept for airport Leipzig/Halle", Meeting of the Aircraft Noise Commission of airport Leipzig/Halle, Leipzig/Halle Airport, Germany
December 5, 2006	"Single and combined effects of air, road and rail traffic noise", InterNoise 2006, Honolulu, Hawaii, USA
December 5, 2006	"Aircraft noise effects on sleep-DLR research and application", InterNoise 2006, Honolulu, Hawaii, USA
March 13, 2008	"Sleep deprivation and performance", Marburger Bund Symposium: Work Time Restrictions in the Hospital and Health Protection, Stuttgart, Germany
April 17, 2008	"Comparative studies on the effects of traffic noise on sleep", Meeting of the Working Group of German Aircraft Noise Commissions, Munich, Germany
May 16, 2008	"Practical guidance for risk assessment of environmental noise on sleep disturbance", WHO Workshop Practical Guidance for Risk Assessment of Environmental Noise, Bonn, Germany
September 19, 2008	"Comparative studies on the effects of traffic noise on sleep", Meeting of the Environmental Committee of the Federal German Airports Association, Hannover, Germany
October 4, 2008	"Mathematical models for the evaluation of aircraft noise effects on sleep", Symposium Decision Making in Psychiatry, Hall in Tirol, Tirol, Austria
April 8, 2009	"Noise effects on humans", Acoustics Circular Seminar, Braunschweig Acousticians Forum, Braunschweig Technical University, Braunschweig, Germany
May 26, 2009	"Comparative studies on the effects of traffic noise on sleep", Acoustics Seminar, Department of Applied Physics, Carl von Ossietzky University Oldenburg, Oldenburg, Germany
June 3, 2009	"Comparative studies on the effects of traffic noise on sleep", ADV (German Airports Association) Aviation Breakfast, Berlin, Germany
August 25, 2009	"Practical guidance for risk assessment of traffic noise effects on sleep", InterNoise 2009, Ottawa, Canada

August 25, 2009	"A systematic comparison of aircraft noise induced EEG awakenings and automatically detected cardiac arousals", InterNoise 2009, Ottawa, Canada
October 2, 2009	"Comparative studies on the effects of traffic noise on sleep", 18th International Conference on Traffic Noise, Dresden, Germany
October 26, 2009	"Evaluation of traffic noise effects on sleep", Euronoise 2009, Edinburgh, Scotland
December 10, 2009	"An introduction to research on traffic noise effects on sleep", FAA (Federal Aviation Administration) Noise Research Roadmap Workshop, Washington, D.C.
February 19, 2010	"Trading sleep for Conan and Letterman", Current Topics in Sleep Medicine seminar of the American Academy of Sleep Medicine, Phoenix, AZ
April 20, 2010	"Aircraft noise induced sleep disturbance", Federal Environmental Agency Workshop Aircraft Noise, Collegium Hungaricum, Berlin, Germany
May 27, 2010	"State of the evidence and methodological issues related to the health impact assessment of airport noise: the case of sleep disturbances", Université de Montréal, Montréal, Canada
August 28, 2010	"Markov processes for the prediction of aircraft noise effects on sleep", 48th Annual Congress of the German Society of Aerospace Medicine (DGLRM), Wiesbaden, Germany
September 24, 2010	"Aircraft noise effects on sleep", Aircraft Noise Effects Hearing, State Diet Landtag of Hesse, Wiesbaden, Germany
October 7, 2010	"Traffic noise effects on sleep", Graduate Seminar Series, School of Mechanical Engineering, Purdue University, West Lafayette, IN
May 23, 2011	"Fitness-for-duty: A brief Psychomotor Vigilance Test predicts sleep loss related decrements in simulated luggage screening performance", 1 <sup>st</sup> International :envihab Symposium, Cologne, Germany
October 5, 2011	"Noise - The other negative effect of false alarms", Medical Device Alarms Summit, AAMI (Association for the Advancement of Medical Instrumentation), Herndon, VA
November 02, 2011	"Sick due to nocturnal aircraft noise? A noise effects research perspective", lecture evening of Medizinische Gesellschaft Mainz e.V., Mainz University, Mainz, Germany
January 25, 2012	"Overview of aircraft noise effects on health and well-being", 91 <sup>st</sup> Annual Transportation Research Board Meeting, Washington, D.C.
March 30, 2012	"Time use, sleep loss and performance", 26th Annual Conference of the Northeast Sleep Society (NESS), Tarrytown, NY
May 14, 2012	"Sleep-wake patterns and psychomotor vigilance performance during a 520-day simulated mission to Mars", 83 <sup>rd</sup> Annual Scientific Meeting of the Aerospace Medical Association (AsMA), Atlanta, GA
June 12, 2012	"Work, sleep loss, and performance", Symposium Work and Disturbed Sleep: Determinants and Consequences, 26 <sup>th</sup> Annual Meeting of the Associated Professional Sleep Societies, Boston, MA

September 14, 2012	"Overview – Sleep and Sleep Deprivation", Workshop "The time has come: Translating research in chronobiology and sleep into practical applications", School of Biomedical Engineering, Science and Health Systems, Drexel University, Philadelphia, PA
November 30, 2012	"Aircraft noise effects on sleep and health", Seminar, Center for Acoustics and Vibration, The Pennsylvania State University, State College, PA
March 1, 2013	"Research on the effects of aircraft noise on sleep", PARTNER 10 year Symposium, Westin South Coast Plaza Hotel, Costa Mesa, CA
June 3, 2013	"Fitness-for-duty testing", Meet the Professor lunch workshop, 27 <sup>th</sup> Annual Meeting of the Associated Professional Sleep Societies, Baltimore Convention Center, Baltimore, MD
November 20, 2013	"Neurobehavioral consequences of sleep deprivation", Department of Psychiatry Grand Rounds, Jersey Shore University Medical Center, Neptune, NJ
December 17, 2013	"Sleep and behavioral health on ISS: data from the Reaction Self Test", Institute of Aerospace Medicine, German Aerospace Center (DLR), Cologne, Germany
February 11, 2014	"Psychological and behavioral changes during confinement in a 520-day simulated interplanetary mission to Mars", Behavioral Health and Performance Working Group meeting, NASA Human Research Program Investigators' Workshop, Galveston, TX
May 3, 2014	"Noise and sleep", 6 <sup>th</sup> Annual PA Sleep Society Conference, Harrisburg Hilton, Harrisburg, PA
December 11, 2014	"Cognition – potential use in study of effects of hypercapnia", NASA Carbon Dioxide Technical Interchange Meeting, Nassau Bay, TX
January 13, 2015	"Neurocognitive assessment in ground-based analogs", Human Research Analogs Plenary, NASA Human Research Program Investigators' Workshop, Galveston, TX
March 27, 2015	"Short sleep and sleep deprivation: determinants, measurement, and consequences", 29 <sup>th</sup> Annual Conference of the Northeast Sleep Society (NESS), Tarrytown, NY
May 19, 2015	"Auditory and non-auditory effects of noise on health: an ICBEN perspective", Noise and Health, Special Session in Honor of Karl D. Kryter, 169 <sup>th</sup> Meeting of the Acoustical Society of America, Pittsburgh, PA
June 7, 2015	"Cognitive performance in spaceflight: Update on the development and validation of the Cognition test battery", National Space Biomedical Research Institute User Panel Meeting, Houston, TX
July 28, 2015	"Sleep in space", Neurobehavioral Resilience During Prolonged Spaceflight Workshop, National Space Biomedical Research Institute, Houston, TX
August 11, 2015	"Effects of aircraft noise on sleep: Habituation in the laboratory and in the field", Internoise 2015, San Francisco, CA

August 13, 2015	"Non-auditory effects of transportation noise on health", ADC40 Workshop - Health Effects of Transportation Noise, San Francisco, CA
March 18, 2016	"Auditory and non-auditory effects of noise on health", Professional Development Course "Occupational Noise and Hearing Conservation Forum", Philadelphia Section of the American Industrial Hygiene Association (AIHA), Villanova Conference Center, Radnor, PA
September 6, 2016	"Sleep in space", The National Space Biomedical Research Institute Neurobehavioral and Psychosocial Factors Workshop on Inter-Individual and Phenotypic Differences in Response to Neurobehavioral Risks in Spaceflight, NSBRI Headquarters, Houston, TX
November 21, 2016	"Sleep restriction: causes and consequences", Ann's Choice Lifelong Learning Academy, Warminster, PA
February 28, 2017	"Aircraft noise and sleep disturbance", UC Davis Aviation Symposium 2017, Palm Springs, CA
April 24, 2017	"Aviation noise impacts", International Civil Aviation Organization (ICAO) Independent Expert Panel Briefing, Crystal City, Arlington, VA
May 6, 2017	"Sleep deprivation: determinants, measurement, and consequences", 9 <sup>th</sup> Annual PA Sleep Society Meeting, Harrisburg, PA
May 8, 2017	"Effects of aviation noise on humans: learning, sleep, quality of life", Engineering a Quieter America - Commercial Aviation: A New Era, workshop organized by the INCE Foundation in cooperation with NASA and the FAA, hosted by the National Academy of Engineering, The National Academies Keck Center, Washington, D.C.
October 13, 2017	"Effects of noise on sleep – Overview", Department of Occupational and Environmental Medicine, Institute of Medicine, University of Gothenburg, Sweden
October 15, 2017	"Sleep-wake and circadian challenges on our way to Mars", New Jersey Sleep Society Annual Meeting, The Princeton Marriott at Forrestal, Princeton, NJ
November 1, 2017	"Aircraft noise effects on sleep and health", Aviation Noise Impacts Workshop, International Civil Aviation Administration (ICAO), Committee on Aviation Environmental Protection, Impacts and Science Group, ICAO Headquarters, Montreal, Quebec, Canada
November 15, 2017	"Sleep-wake and circadian challenges on our way to Mars", Biomedical Seminar, School of Biomedical Engineering, Science & Health Systems at Drexel University, Philadelphia, PA
February 27, 2018	"Aircraft noise and sleep disturbance", UC Davis Aviation Symposium 2018, Palm Springs, CA
February 28, 2018	"Auditory and non-auditory effects of noise on health", NASA Ames Research Center, Mountain View, CA
February 28, 2018	"Development and validation of the Cognition test battery for spaceflight", NASA Ames Research Center, Mountain View, CA

May 3, 2018	"Auditory and non-auditory effects of noise on health", NASA Langley Research Center, Hampton, VA
October 19, 2018	"Sleep-wake and circadian challenges on our way to Mars", 10 <sup>th</sup> Annual Conference of the Virginia Academy of Sleep Medicine, Richmond, VA
November 15, 2018	"Your environment, your health", speaker meetup hosted by the Robert Wood Johnson Foundation at TEDMED 2018, La Quinta, CA
November 16, 2018	"The effects of noise on health", TEDMED 2018, La Quinta, CA
December 18, 2018	"Cognitive performance in spaceflight: update on the development and validation of the cognition test battery", SAMET workshop, Institute of Aerospace Medicine, German Aerospace Center (DLR), Cologne, Germany
February 6, 2019	"Health when noise is sleep", Presentation at Translational Research Institute for Space Health (TRISH) Space <sup>2</sup> Workshop, MIT Media Lab, Cambridge, MA
April 6, 2019	"Challenges for astronaut behavioral health on our way to Mars", Keynote dinner lecture at the 2 <sup>nd</sup> annual conference of the Ivy Space Coalition, Philadelphia, PA
September 17, 2019	"Aircraft noise effects on sleep and health", Tech Talk Tuesday Presentation at the Federal Aviation Administration (FAA) William J. Hughes Technical Center Auditorium, Weymouth, NJ
November 4, 2019	"Auditory and non-auditory effects of noise on health", Session "Environmental noise: The new secondhand smoke", Annual meeting of the American Public Health Association, Philadelphia, PA
November 25, 2019	"Noise effects on health", Quiet Please! - An interactive workshop discussing health impacts and mitigation strategies from transportation noise in metro Vancouver, Vancouver, Canada
March 2, 2020	"National Sleep Study on the Effects of Aircraft Noise on Sleep: Results of two Pilot Field Studies", Aviation Noise & Emissions Symposium, San Diego, CA
December 11, 2020	"Cognition in Space", Lecture for students enrolled at the International Space University, Strasbourg, France
February 24, 2021	"From research to implementation: a perspective after 20 years of public health research", Aviation Noise & Emissions Symposium, UC Davis (virtual)
April 8, 2021	"Cognitive Performance in Space", Introduction to Human Space Exploration and Medicine, Center for Space Medicine, Baylor College of Medicine
November 9, 2021	"Cognition, Learning and Memory in Space", Lecture for students enrolled at the International Space University, Strasbourg, France
January 27, 2022	"Polysomnography: Deciphering Sleep with the EEG", Introduction to Noninvasive Brain Imaging, Carnegie Mellon University Neuroscience Program, Pittsburgh, PA

# Organizing Roles in Scientific Meetings:

- Abstract Selection Committee Member, 32nd International Conference of the IEEE Engineering in Medicine and Biology Society, June 18-21, Buenos Aires, Argentina
- 2011 Member of the Scientific Committee, 10<sup>th</sup> Congress of the International Commission on Biological Effects of Noise (ICBEN) on Noise as a Public Health Problem, July 24-28, London, UK
- Organizing Committee Member, Center for Sleep and Circadian Neurobiology (CSCN)
  Research Retreat, May 20, Division of Sleep Medicine, Department of Medicine, University of Pennsylvania School of Medicine
- 2013 Member of the Scientific Committee, 19<sup>th</sup> IAA Humans in Space Symposium, July 7-12, Cologne, Germany
- 2017 Chair of Scientific Program Committee, 12<sup>th</sup> Congress of the International Commission on Biological Effects of Noise (ICBEN) on Noise as a Public Health Problem, June 18-22, Zurich, Switzerland
- 2019 International Advisory Board Member and Session Organizer, ICA 2019, 23<sup>rd</sup> International Congress on Acoustics, September 9-13, Aachen, Germany
- Chair of Scientific Program Committee, 13<sup>th</sup> Congress of the International Commission on Biological Effects of Noise (ICBEN) on Noise as a Public Health Problem, June 15-18, Stockholm, Sweden

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#### Research Publications, peer reviewed:

- 1. **Basner, M.**, Samel, A.: Nocturnal aircraft noise effects. Noise & Health 6(22), 83-93, 2004.
- 2. Samel, A., **Basner, M.**: Extrinsic sleep disorders and effects of noise. <u>Somnologie</u> 9(2), 58-67, 2005.
- 3. **Basner, M.**, Samel, A.: Effects of nocturnal aircraft noise on sleep structure. <u>Somnologie</u> 9(2), 84-95, 2005.
- 4. Samel, A., **Basner, M.**, Maaß, H., Müller, U., Quehl, J., Wenzel, J.: Effects of nocturnal aircraft noise on sleep: Results from the 'Quiet Air Traffic' project. <u>Umweltmedizin in Forschung und Praxis</u> 10(2), 89-104, 2005.
- 5. **Basner, M.**, Isermann, U., Samel, A.: Aircraft noise effects on sleep: application of the results of a large polysomnographic field study. <u>Journal of the Acoustical Society of America</u> 119(5), 2772-2784, 2006.
- 6. Quehl, J., **Basner, M.**: Annoyance from nocturnal aircraft noise exposure: laboratory and field-specific dose-response curves. <u>Journal of Environmental Psychology</u> 26(2), 127-140, 2006.
- 7. **Basner, M.**, Siebert, U.: Markov state transition models for the prediction of noise-induced sleep disturbances. Somnologie 10(4), 176-191, 2006.
- 8. Samel, A., **Basner, M.**, Isermann, U.: Effects of nocturnal aircraft noise Research and application exemplified by the airport Leipzig/Halle. <u>Flug- und Reisemedizin</u> 14(1), 12-16, 2007.

- 9. **Basner, M.**, Fomberstein, K.M., Razavi, F.M., Banks, S., William, J.H., Rosa, R.R., Dinges, D.F.: American Time Use Survey: Sleep time and its relationship to waking activities. <u>Sleep</u> 30(9), 1085-1095, 2007.
- 10. **Basner, M.**, Griefahn, B., Müller, U., Plath, G., Samel, A.: An ECG-based algorithm for the automatic identification of autonomic activations associated with cortical arousals. <u>Sleep</u> 30(10), 1349-1361, 2007.
- 11. **Basner, M.**, Glatz, C., Griefahn, B., Penzel, T., Samel, A.: Aircraft Noise: Effects on macroand micro-structure of sleep. <u>Sleep Medicine</u> 9(4), 382-387, 2008.
- 12. **Basner, M.**, Griefahn, B., Penzel, T.: Inter-rater agreement in sleep stage classification between centers with different backgrounds. <u>Somnologie</u> 12(1), 75-84, 2008.
- 13. Griefahn, B., Bröde, P., Marks, A., **Basner, M.**: Autonomic arousals related to traffic noise during sleep. <u>Sleep</u> 31(4), 569-577, 2008.
- 14. Marks, A., Griefahn, B., **Basner, M.**: Event-related awakenings caused by nocturnal transportation noise. <u>Noise Control Engineering Journal</u>, 56(1), 52-62, 2008.
- 15. **Basner, M.**: Nocturnal aircraft noise exposure increases objectively assessed daytime sleepiness. <u>Somnologie</u> 12(2), 110-117, 2008.
- 16. Griefahn, B., **Basner, M.**, Bröde, P., Robens, S.: Development of a sleep disturbance index (SDI) for the assessment of noise-induced sleep disturbances. <u>Somnologie</u> 12(2), 150-157, 2008.
- 17. **Basner, M.**, Rubinstein, J., Fomberstein, K.M., Coble, M.C., Ecker, A., Avinash, D., Dinges, D.F.: Effects of night work, sleep loss and time on task on simulated threat detection performance. <u>Sleep</u> 31(9), 1251-1259, 2008.
- 18. **Basner, M.**, Müller, U., Elmenhorst, E.-M., Kluge, G., Griefahn, B.: Aircraft noise effects on sleep: A systematic comparison of EEG-awakenings and automatically detected cardiac activations. Physiological Measurement 29(9), 1089-1103, 2008.
- 19. Elmenhorst, E.-M., Vejvoda, M., Maaß, H., Wenzel, J., Plath, G., Schubert, E., **Basner, M.**: Pilot workload during approaches: Comparison of simulated standard and noise-abatement profiles. <u>Aviation, Space, and Environmental Medicine</u> 80(4), 364-370, 2009.
- 20. **Basner, M.**, Dinges, D.F.: Dubious bargain: Trading sleep for Leno and Letterman. <u>Sleep</u> 32(6), 747-752, 2009.
- 21. **Basner, M.**: Validity of aircraft noise induced awakening predictions. <u>Noise Control Engineering Journal</u> 57(5), 524-35, 2009.
- 22. Brink, M., **Basner, M.**, Schierz, C., Spreng, M., Scheuch, K., Bauer, G., Stahel, W.A.: Determining physiological reaction probabilities to noise events during sleep. <u>Somnologie</u> 13(4), 236-243, 2009.
- Basner, M., Müller, U., Griefahn, B.: Practical guidance for risk assessment of traffic noise effects on sleep. Applied Acoustics 71(6), 518-522, 2010.
- **Basner, M.**: Arousal threshold determination in 1862: Kohlschütter's Measurements on the Firmness of Sleep. <u>Sleep Medicine</u> 11(4), 417-422, 2010.
- **Basner, M.**, Siebert, U.: Markov processes for the prediction of aircraft noise effects on sleep. <u>Medical Decision Making</u> 30(2), 275-289, 2010.

- **Basner, M.**, van den Berg, M., Griefahn, B.: Aircraft noise effects on sleep: Mechanisms, mitigation, and research needs. <u>Noise & Health</u> 12(47), 95-109, 2010.
- 27. Elmenhorst, E.-M., Elmenhorst, D., Wenzel, J., Quehl, J., Müller, U., Maaß, H., Vejvoda, M., **Basner, M.**: Effects of nocturnal aircraft noise on cognitive performance in the following morning: dose–response relationships in laboratory and field. <u>International Archives of Occupational and Environmental Health</u> 83, 743-751, 2010.
- Brink, M., Schreckenberg, D., Thomann, G., **Basner, M.**: Aircraft noise indexes for effect oriented noise assessment. <u>Acta Acustica united with Acustica</u> 96(6), 1012-1025, 2010.
- 29. **Basner, M.**, Müller, U., Elmenhorst, E.-M.: Single and combined effect of air, road, and rail traffic noise on sleep and recuperation. <u>Sleep</u> 34(1):11-23, 2011.
- Griefahn, B., **Basner, M.**: Traffic noise effects on sleep and performance. <u>Arbeitsmedizin Sozialmedizin Umweltmedizin</u> 46(4): 280-288, 2011.
- Basner, M., Dinges, D.F.: Maximizing sensitivity of the Psychomotor Vigilance Test (PVT) to sleep loss. <u>Sleep</u> 34(5): 581-591, 2011.
- 32. **Basner, M.**, Rubinstein, J.: Fitness for duty: A 3 minute version of the Psychomotor Vigilance Test predicts fatigue related declines in luggage screening performance. <u>Journal of Occupational and Environmental Medicine</u> 53(10): 1146-1154, 2011.
- Basner, M., Mollicone, D.M., Dinges, D.F.: Validity and sensitivity of a brief psychomotor vigilance test (PVT-B) to total and partial sleep deprivation. <u>Acta Astronautica</u> 69: 949-959, 2011.
- 34. Brink, M., Omlin, S., Müller, C., Pieren, R., **Basner, M.**: An event-related analysis of awakening reactions due to nocturnal church bell noise. <u>Science of the Total Environment</u> 409: 5210-5220, 2011.
- **Basner, M.**, Dinges, D.F.: An adaptive duration version of the PVT accurately tracks changes in psychomotor vigilance induced by sleep restriction. <u>Sleep</u> 35(2): 193-202, 2012.
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- 40. Schwanitz, S., Wittkowski, M., Rolny, V., Samel, C., **Basner, M.**: Continuous assessments of pressure comfort on a train A field-laboratory comparison. <u>Applied Ergonomics</u> 44 (1): 11-17, 2013.

- 41. Schwanitz, S., Wittkowski, M., Rolny, V., **Basner, M.**: Pressure variations on a train where is the threshold to railway passengers' discomfort? <u>Applied Ergonomics</u> 44(2): 200-209, 2013.
- 42. **Basner, M.**, Dinges, D.F., Mollicone, D.J., Ecker, A.J., Jones, C.W., Hyder, E.C., Di Antonio, A., Savelev, I., Kan, K., Goel, N., Morukov, B.V., Sutton, J.P.: Mars 520-day mission simulation reveals protracted crew hypokinesis and alterations of sleep duration and timing. <u>Proceedings of the National Academies of Science</u> 110(7): 2635-2640, 2013.
- 43. **Basner, M.**, Brink, M.: Sample size estimation for field studies on the effects of aircraft noise on sleep. <u>Applied Acoustics</u> 74(6): 812-817, 2013.
- 44. Schmidt, F.P., **Basner, M.**, Kröger, G., Weck, S., Schnorbus, B., Muttray, A., Sariyar, M., Binder, H., Tommaso, G., Warnholtz, A., Münzel, T.: Effect of nighttime aircraft noise exposure on endothelial function and stress hormone release in healthy adults. <u>European</u> Heart Journal 34(45): 3508-3514, 2013.
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- **Basner, M.**, Dinges, D.F., Mollicone, D.J., Savelev, I., Ecker, A.J., Di Antonio, A., Jones, C.W., Hyder, E., Kan, K., Morukov, B.V., Sutton, J.P.: Psychological and behavioral changes during confinement in a 520-day simulated interplanetary mission to Mars. <u>PLoS One</u> 9(3): e93298, 2014.
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- 52. **Basner, M.**, Spaeth, A.M., Dinges, D.F.: Sociodemographic characteristics and waking activities and their role in the timing and duration of sleep. <u>Sleep</u> 37(12): 1889-1906, 2014.

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- 59. **Basner, M.**, Dinges, D.F., Shea, J.A., Small, D.S., Zhu, J., Norton, L., Ecker, A.J., Novak, C., Bellini, L.M., Volpp, K.G.: Sleep and alertness in medical interns and residents: an observational study on the role of extended shifts. Sleep 40(4): zsx027, 1-8, 2017.
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#### Abstracts:

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- 51. **Basner, M.**: Nocturnal aircraft noise exposure increases objectively assessed daytime sleepiness. Presented at the Proceedings of the 9<sup>th</sup> International Congress on Noise as a Public Health Problem (ICBEN), Foxwoods, CT, USA, July 22, 2008.
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- 62. Mollicone, D., **Basner, M.**, Mott, C., Ecker, A., Dinges, D.F.: A novel brief objective PVT self test to enhance fatigue mitigation strategies in space. Presented at the NASA Human Research Program Investigator's Workshop, League City, Texas, USA, February 2, 2009.
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- 64. **Basner, M.**, Müller, U., Griefahn, B.: Practical guidance for risk assessment of traffic noise effects on sleep. Presented at the 80<sup>th</sup> Annual Scientific Meeting of the Aerospace Medical Association (ASMA), Los Angeles, CA, USA, May 5, 2009.
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- 66. **Basner, M.**, Dinges, D.F.: The time of our lives: Work, sleep, and television. Poster at the 23<sup>rd</sup> Annual Meeting of the Associated Professional Sleep Societies, Seattle, USA, June 8, 2009.
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- 94. Elmenhorst, E.-M., Müller, U., Rolny, V., Pennig, S., Quehl, J., Maaß, H., **Basner, M.**: Impact of nocturnal railway and aircraft noise on awakening probability in the field. Talk at the 10th International Congress on Noise as a Public Health Problem, London, U.K., July 25, 2011.
- 95. Pennig, S., Quehl, J., Müller, U., Elmenhorst, E.-M., Maaß, H., **Basner, M.**: Effects of nocturnal railway noise on annoyance: Dose-response relationships from a field study in comparison to nocturnal aircraft noise annoyance. Poster at the 10th International Congress on Noise as a Public Health Problem, London, U.K., July 25, 2011.
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- 98. Brink, M., Schaeffer, B., Schreckenberg, D., **Basner, M.**: Aircraft noise indexes recent developments and current applications. Talk at the 10th International Congress on Noise as a Public Health Problem, London, U.K., July 25, 2011.
- 99. Müller, U., Elmenhorst, E.-M., Maaß, H., Rolny, V., Pennig, S., Quehl, J., **Basner, M.**: Effects of nocturnal rail noise on sleep results of a field study in the Cologne/Bonn area. Talk at Internoise 2011, Osaka, Japan, September 6, 2011.
- 100. Vejvoda, M., Rooney, D., Plath, C., Samel, C., Tritschler, K, **Basner**, M.: Arbeitsbelastung und Ermüdung auf der Kurzstrecke. Poster at the Annual Congress of the German Society of Aerospace Medicine (DGLRM), Sinsheim, Germany, September 9, 2011.
- 101. Griefahn, B., **Basner, M.**: Disturbance of sleep by noise. Keynote at Acoustics 2011, Queensland, Australia, November 2, 2011.
- 102. Dinges, D.F., Di Antonio, A., Ecker, A.J., Mollicone, D.J., **Basner, M.**: Optimizing acquisition of behavioral health data on the crew of IBMP's 520-day simulated mission to Mars. Talk at NASA Human Research Program Investigators' Workshop, Houston, TX, February 14, 2012.
- 103. Stubna, M.D., Kann, K.G.W., Mott, C.G., **Basner, M.**, Dinges, D.F., Mollicone, D.J.: Software tool to support crew behavioral health and performance on ISS. Talk at NASA Human Research Program Investigators' Workshop, Houston, TX, February 14, 2012.
- Jones, C.W., Yang, F., Basner, M., Goel, N., Abe, T., Metaxas, D., Dinges, D.F.: Unobtrusive tracking of PERC LOS as a measure of sleepiness-related fatigue in space flight. Poster at NASA Human Research Program Investigators' Workshop, Houston, TX, February 14, 2012.
- 105. **Basner, M.**, Gur, R.C., Mollicone, D.J., Dinges, D.F.: NeuroCATS: Individualized real-time neurocognitive assessment toolkit for spaceflight fatigue. Poster at NASA Human Research Program Investigators' Workshop, Houston, TX, February 14, 2012.
- 106. **Basner, M.**, Mollicone, D.J., Mott, C., Dinges, D.F.: PVT Self Test on ISS: Objective measurement of fatigue-related decrements in vigilant attention and psychomotor speed in space flight. Poster at NASA Human Research Program Investigators' Workshop, Houston, TX, February 14, 2012.
- 107. **Basner, M.**, Di Antonio, A., Ecker, A.J., Mollicone, D.J., Dinges, D.F.: Sleep-wake patterns and psychomotor vigilance performance during a 520-day simulated mission to Mars. Talk at NASA Human Research Program Investigators' Workshop, Houston, TX, February 15, 2012.
- 108. **Basner, M.**, Mollicone, D.J., Dinges, D.F.: Development of briefer versions of the Psychomotor Vigilance Test (PVT) as sensitive assays of fatigue-related decrements in vigilant attention. Talk at NASA Human Research Program Investigators' Workshop, Houston, TX, February 15, 2012.
- 109. **Basner, M.**, Dinges, D.F., Mollicone, D.J., Savelev, I., Ecker, A.J., Di Antonio, A., Jones, C.W., Hyder, E., Kan, K., Morukov, B.V., Sutton, J.P.: Rest-activity pattern changes in a 520-day simulated Mars mission. Talk at International Symposium on the Results of Mars 500, Moscow, Russia, April 24, 2012.

- 110. Dinges, D.F., **Basner, M.**, Mollicone, D.J., Savelev, I., Ecker, A.J., Di Antonio, A., Jones, C.W., Hyder, E., Kan, K., Morukov, B.V., Sutton, J.P.: Neurobehavioral responses during a 520-day simulated Mars mission. Talk at International Symposium on the Results of Mars 500, Moscow, Russia, April 24, 2012.
- 111. **Basner, M.**, Di Antonio, A., Jones, C.W., Ecker, A.J., Kan, K., Mollicone, D.J., Dinges, D.F.: Rest activity pattern changes in a 520-day simulated mission to Mars. Poster at the 9th Annual Center for Sleep and Circadian Neurobiology (CSCN) Research Retreat, Perelman School of Medicine at the University of Pennsylvania, Philadelphia, PA, June 8, 2012.
- 112. Jones, C.W., **Basner, M.**, Yu, X., Yang, F., Goel, N., Metaxas, D., Dinges, D.F.: Unobtrusive tracking of slow eyelid closures as a measure of fatigue from sleep loss. Poster at the 9th Annual Center for Sleep and Circadian Neurobiology (CSCN) Research Retreat, Perelman School of Medicine at the University of Pennsylvania, Philadelphia, PA, June 8, 2012.
- 113. Elmenhorst, E., Mueller, U., Rolny, V., Pennig, S., Quehl, J., Maass, H., **Basner, M.**: Comparison of awakening probability due to nocturnal railway and aircraft noise in the field. Talk at the 26th Annual Meeting of the Associated Professional Sleep Societies, Boston, MA, June 10, 2012.
- 114. Kan, K., Mollicone, D., Van Dongen, H., **Basner, M.**, Dinges, D.F.: Does napping on the night shift affect the efficiency of daytime recovery sleep? Poster at the 26th Annual Meeting of the Associated Professional Sleep Societies, Boston, MA, June 11, 2012.
- 115. **Basner, M.**, Di Antonio, A., Jones, C.W., Ecker, A.J., Kan, K., Mollicone, D.J., Dinges, D.F.: Sleep-Wake Behavior and PVT Performance During a 520-day Simulated Mission to Mars. Poster at the 26th Annual Meeting of the Associated Professional Sleep Societies, Boston, MA, June 12, 2012.
- 116. Jones, C.W., **Basner, M.**, Yu, X., Yang, F., Goel, N., Metaxas, D., Dinges, D.F.: Unobtrusive tracking of slow eyelid closures as a measure of fatigue from sleep loss. Talk at the 26th Annual Meeting of the Associated Professional Sleep Societies, Boston, MA, June 12, 2012.
- 117. Fang, Z., Zhu, S., Hu, S., Detre, J.A., Goel, N., **Basner, M.**, Dinges, D.F., Rao, H.: Total sleep deprivation reduces resting state PCC-Hippocampus connectivity. Talk at the 26th Annual Meeting of the Associated Professional Sleep Societies, Boston, MA, June 13, 2012.
- 118. Vejvoda, M., Elmenhorst, E.-M., Pennig, S., Plath, G., Tritschler, K., **Basner, M.**: Early-starter and late-finisher flights and their effects on fatigue. Poster at 50. Jahrestagung der Deutschen Gesellschaft für Luft- und Raumfahrtmedizin e. V. (DGLRM), Bonn, Germany, September 29, 2012.
- 119. Pennig, S., Quehl, J., Müller, U., Rolny, V., Maaß, H., **Basner, M.**, Elmenhorst, E.-M.: Effects of nocturnal rail and aircraft noise on annoyance: Field studies in the Cologne/Bonn area. Poster at the Annual Congress of the German Society of Aerospace Medicine (DGLRM), Bonn, Germany, September 29, 2012.
- 120. Schwanitz, S., Wittkowski, M., Rolny, V., Samel, C., **Basner, M.**: A comparison of the effects of pressure fluctuations on rail passengers' comfort in the laboratory and in the field continuous evaluations of pressure comfort on route Cologne/Rhein-Main and in the pressure chamber. Poster at the Annual Congress of the German Society of Aerospace Medicine (DGLRM), Bonn, Germany, September 29, 2012.

- 121. Elmenhorst, E.-M., Pennig, S., Rolny, V., Quehl, J., Müller, U., Maaß, H., **Basner, M.**: Nocturnal awakenings induced by rail and aircraft noise: Field studies in the Rhein valley and at airport Cologne/Bonn. Talk at the Annual Congress of the German Society of Aerospace Medicine (DGLRM), Bonn, Germany, September 29, 2012.
- 122. **Basner, M.**, Dinges, D.F., Mollicone, D.J., Savelev, I., Ecker, A.J., Di Antonio, A., Jones, C.W., Hyder, E., Kan, K., Morukov, B.V., Sutton, J.P.: Behavioral and psychosocial changes during a 520-day simulated mission to Mars. Talk at the 63rd International Astronautical Congress, Naples, Italy, October 1, 2012.
- 123. Jones, C., **Basner, M.**, Yu, X., Yang, F., Goel, N., Abe, T., Metaxas, D., Dinges, D.F.: An objective unobtrusive model-based tracker of facial expressions of sleepiness-related fatigue and positive and negative emotions in space flight. Talk at the NASA Human Research Program Investigators' Workshop, Galveston, TX, February 12, 2013.
- 124. **Basner, M.**, Dinges, D.F., Mollicone, D.J., Savelev, I., Ecker, A.J., Di Antonio, A., Jones, C.W., Hyder, E., Kan, K., Morukov, B.V., Sutton, J.P.: Behavioral and psychosocial changes during a 520-day simulated mission to Mars. Talk at the NASA Human Research Program Investigators' Workshop, Galveston, TX, February 12, 2013.
- 125. Dinges, D.F., **Basner, M.**, Mollicone, D.J., Ecker, A.J., Jones, C.W., Hyder, E.C., Di Antonio, A., Savelev, I., Kan, K., Goel, N., Morukov, B.V., Sutton, J.P.: Mars 520-day mission simulation reveals changes in crew activity levels and alterations of sleep-wake patterns. Talk at the NASA Human Research Program Investigators' Workshop, Galveston, TX, February 13, 2013.
- Dinges, D.F., **Basner, M.**, Mollicone, D.J., Goel, N., Braun, M., Jones, C.W., Ecker, A., Bartels, R., Mott, C., Stubna, M.: ISS missions: elevated workload and reduced sleep duration. Talk at the NASA Human Research Program Investigators' Workshop, Galveston, TX, February 13, 2013.
- 127. Mollicone, D.J., Kan, K.G.W., Mott, C.G., **Basner, M.**, Dinges, D.F., Stubna, M.D.: BHP Dashboard as an aid in the detection of acute and chronic radiation effects. Talk at the NASA Human Research Program Investigators' Workshop, Galveston, TX, February 13, 2013.
- 128. Schneiderman, J.S., Gur, R.C., Dinges, D.F., Mollicone, D.J., Mott, C.G., McCann, T., Roberts, Z.T., Foley, S.L., Hansen, J., Savitt, A.P., **Basner**, **M.**: Individualized Real-Time Neurocognitive Assessment Toolkit for Spaceflight Fatigue (NeuroCATS). Talk at the NASA Human Research Program Investigators' Workshop, Galveston, TX, February 13, 2013.
- 129. Goel, N., **Basner, M.**, Rao, H., Dinges, D.F.: Markers of susceptibility to neurobehavioral decrements in space flight. Poster at the NASA Human Research Program Investigators' Workshop, Galveston, TX, February 13, 2013.
- 130. Stubna, M.D., Kan, K.G.W., Mott, C.G., **Basner, M.**, Dinges, D.F., Mollicone, D.J.: Software system for supporting crew behavioral health on ISS. Poster at the NASA Human Research Program Investigators' Workshop, Galveston, TX, February 13, 2013.
- 131. Schmidt, F.P., Kröger, G., Weck, S., Schnorbus, B., **Basner, M.**, Gori 1, T., Warnholtz 1, A., Münzel, T.: Nighttime aircraft noise exposure causes endothelial dysfunction in healthy adults. Poster at the 79<sup>th</sup> Annual Congress of the German Cardiac Society (DGK), Mannheim, Germany, April 5, 2013.

- 132. Bakhru, R.N., **Basner, M.**, Ecker, A., Prasad Kerlin, M., Halpern, S.D., Rosen, I.M., Hansen-Flaschen, J.H., Dinges, D.F., Schweickert, W.D.: The effects of nighttime in-hospital intensivist coverage on sleep, work and behavioral alertness in faculty and fellows. Poster at American Thoracic Society International Conference (ATS 2013), Philadelphia, PA, May 22, 2013.
- 133. **Basner, M.**, Spaeth, A., Dinges, D.F.: Sociodemographic and behavioral determinants of short sleep. Poster at the 10th Annual Research Retreat of the Center for Sleep and Circadian Neurobiology, Levy Conference Center, University of Pennsylvania, Philadelphia, PA, May 30, 2013.
- 134. Fang, Z., Spaeth, A.M., Zhu, S., Taylor, A., Goel, N., **Basner, M.**, Detre, J.A., Dinges, D.F., Rao, H.: Enhanced resting-state striatal connectivity correlates with increases in daily caloric intake after sleep deprivation. Talk at the 10th Annual Research Retreat of the Center for Sleep and Circadian Neurobiology, Levy Conference Center, University of Pennsylvania, Philadelphia, PA, May 30, 2013.
- 135. Jones, C.W., **Basner, M.**, Mollicone, D.J., Dinges, D.F.: Self-reported and scheduled sleep in spaceflight. Poster at the 10th Annual Research Retreat of the Center for Sleep and Circadian Neurobiology, Levy Conference Center, University of Pennsylvania, Philadelphia, PA, May 30, 2013.
- 136. Langguth, J.J., Jones, C.W., Ecker, A.J., **Basner, M.**, Dinges, D.F.: Polysomnographic validation of the Philips Respironics Actiwatch AW64 in healthy adults. Poster at the 10th Annual Research Retreat of the Center for Sleep and Circadian Neurobiology, Levy Conference Center, University of Pennsylvania, Philadelphia, PA, May 30, 2013.
- 137. Rao, H., Fang, Z., Zhu, S., Hu, S., Goel, N., **Basner, M.**, Detre, J.A., Dinges, D.F.: Reduced resting-state connectivity between PCC and hippocampus correlates with memory performance changes after sleep deprivation. Poster at the 10th Annual Research Retreat of the Center for Sleep and Circadian Neurobiology, Levy Conference Center, University of Pennsylvania, Philadelphia, PA, May 30, 2013.
- 138. Schneiderman, J.S., Gur, R.C., Dinges, D.F., Mollicone, D.J., Mott, C.G., McCann, T., Roberts, Z.T., Foley, S.L., **Basner, M.**: Individualized neurocognitive assessment toolkit for spaceflight fatigue (NeuroCATS). Poster at the 10th Annual Research Retreat of the Center for Sleep and Circadian Neurobiology, Levy Conference Center, University of Pennsylvania, Philadelphia, PA, May 30, 2013.
- 139. Shea, J.A., Dinges, D.F., Small, D.S., Basner, M., Zhu, J., Norton, L., Novak, C., Bellini, L.M., Dine, J.C., Volpp, K.G.: A randomized trial of a 3-hour protected sleep period in medical interns. Poster at the 10th Annual Research Retreat of the Center for Sleep and Circadian Neurobiology, Levy Conference Center, University of Pennsylvania, Philadelphia, PA, May 30, 2013.
- 140. Rao, H., Fang, Z., Zhu, S., Hu, S., Goel, N., **Basner, M.**, Detre, J.A., Dinges, D.F.: Reduced resting-state connectivity between PCC and hippocampus correlates with memory performance changes after sleep deprivation. Talk at the 27<sup>th</sup> Annual Meeting of the Associated Professional Sleep Societies, Baltimore Convention Center, Baltimore, MD, June 2, 2013.

- 141. Abe, T., **Basner, M.**, Goel, N., Dinges, D.F.: Relationship of polysomnography and EEG power spectral density with individual differences in PVT lapses in response to chronic sleep restriction. Talk at the 27<sup>th</sup> Annual Meeting of the Associated Professional Sleep Societies, Baltimore Convention Center, Baltimore, MD, June 3, 2013.
- 142. Schneiderman, J.S., Gur, R.C., Dinges, D.F., Mollicone, D.J., Mott, C.G., McCann, T., Roberts, Z.T., Foley, S.L., **Basner, M.**: Individualized neurocognitive assessment toolkit for spaceflight fatigue (NeuroCATS). Poster at the 27<sup>th</sup> Annual Meeting of the Associated Professional Sleep Societies, Baltimore Convention Center, Baltimore, MD, June 3, 2013.
- 143. **Basner, M.**, Spaeth, A., Dinges, D.F.: Sociodemographic and behavioral determinants of short sleep. Poster at the 27<sup>th</sup> Annual Meeting of the Associated Professional Sleep Societies, Baltimore Convention Center, Baltimore, MD, June 3, 2013.
- 144. Jones, C.W., **Basner, M.**, Mollicone, D.J., Dinges, D.F.: Self-reported and scheduled sleep in spaceflight. Talk at the 27<sup>th</sup> Annual Meeting of the Associated Professional Sleep Societies, Baltimore Convention Center, Baltimore, MD, June 4, 2013.
- 145. Shea, J.A., Dinges, D.F., Small, D.S., **Basner, M.**, Zhu, J., Norton, L., Novak, C., Bellini, L.M., Dine, J.C., Volpp, K.G.: A randomized trial of a 3-hour protected sleep period in medical interns. Talk at the 27<sup>th</sup> Annual Meeting of the Associated Professional Sleep Societies, Baltimore Convention Center, Baltimore, MD, June 4, 2013.
- 146. Frager, N.A., **Basner, M.**, Galetta, S.L., Balcer, L.J., Goel, N., Dinges, D.F.: Cognitive effects of sleep deprivation using the King-Devick test. Poster at the 27<sup>th</sup> Annual Meeting of the Associated Professional Sleep Societies, Baltimore Convention Center, Baltimore, MD, June 4, 2013.
- 147. Langguth, J.J., Jones, C.W., Ecker, A.J., **Basner, M.**, Dinges, D.F.: Polysomnographic validation of the Philips Respironics Actiwatch AW64 in healthy adults. Poster at the 27<sup>th</sup> Annual Meeting of the Associated Professional Sleep Societies, Baltimore Convention Center, Baltimore, MD, June 5, 2013.
- 148. Fang, Z., Spaeth, A., Zhu, S., Hu, S., Taylor, A., Goel, N., **Basner, M.**, Detre, J.A., Dinges, D.F., Rao, H.: Enhanced resting-state striatal connectivity correlates with increases in daily caloric intake after sleep deprivation. Talk at the 27<sup>th</sup> Annual Meeting of the Associated Professional Sleep Societies, Baltimore Convention Center, Baltimore, MD, June 5, 2013.
- 149. Goel, N., **Basner, M.**, Rao, H., Dinges, D.F.: Markers of susceptibility to neurobehavioral decrements in space flight. Poster at the 19<sup>th</sup> IAA Humans in Space Symposium, Cologne, Germany, July 10, 2013.
- 150. Dinges, D.F., **Basner, M.**, Mollicone, D.J., Jones, C.W., Ecker, A.J., Bartels, R., Mott, C., Stubna, M.: ISS missions: elevated workload and reduced sleep duration. Poster at the 19<sup>th</sup> IAA Humans in Space Symposium, Cologne, Germany, July 10, 2013.
- 151. **Basner, M.**, Dinges, D.F., Mollicone, D.J., Savelev, I., Ecker, A.J., Di Antonio, A., Jones, C.W., Hyder, E.C., Goel, N., Kan, K., Morukov, B.V., Sutton, J.P.: 520-day Mars mission simulation reveals changes in crew activity levels and alterations of sleep-wake patterns. Poster at the 19<sup>th</sup> IAA Humans in Space Symposium, Cologne, Germany, July 10, 2013.
- 152. Dinges, D.F., Jones, C.W., **Basner, M.**, Yu, X., Yang, F., Goel, N., Abe, T., Metaxas, D.N.: Monitoring of sleepiness-related fatigue in space flight with optical computer recognition. Talk at the 19<sup>th</sup> IAA Humans in Space Symposium, Cologne, Germany, July 10, 2013.

- 153. **Basner, M.**, Dinges, D.F., Mollicone, D.J., Savelev, I., Ecker, A.J., Di Antonio, A., Jones, C.W., Hyder, E.C., Kan, K., Morukov, B.V., Sutton, J.P.: Behavioral and psychosocial changes during a 520-day simulated mission to Mars. Talk at the 19<sup>th</sup> IAA Humans in Space Symposium, Cologne, Germany, July 10, 2013.
- 154. Dinges, D.F., Jones, C.W., **Basner, M.**, Yang, F., Goel, N., Abe, T., Metaxas, D.N.: An objective unobtrusive model-based tracker of facial expressions of emotions in space flight. Poster at the 19<sup>th</sup> IAA Humans in Space Symposium, Cologne, Germany, July 10, 2013.
- 155. Schneiderman, J., Gur, R., Dinges, D.F., Mollicone, D.J., Mott, C., McCann, T., Roberts, Z., Mott, A., Savitt, A., **Basner, M.**: Individualized Neurocognitive Assessment Toolkit for Spaceflight Fatigue (NeuroCATS). Talk at the 19th IAA Humans in Space Symposium, Cologne, Germany, July 10, 2013.
- Vejvoda, M., Elmenhorst, E.-M., Pennig, S., Plath, G., Tritschler, K., Aeschbach, D., **Basner**, M.: Ermüdungsrelevante Faktoren bei Piloten auf der Kurzstrecke. Talk at the Annual Congress of the German Society of Aerospace Medicine (DGLRM), Friedrichshafen, Germany, September 13, 2013.
- 157. McGuire, S., **Basner, M.**: Refinement of an ECG-based approach for detecting awakenings in a study on aircraft noise-induced sleep disturbance. Talk at NOISE-CON 2013, Denver, CO, August 28, 2013.
- 158. **Basner, M.**, Schneiderman, J.S., Dinges, D.F., Mollicone, D.J., Mott, C.G., McCann, T., Savitt, A.P., Moore, T.M., Quarmley, M., Gur, R.C.: Development and validation of the Cognition test battery. Talk at NASA Human Research Program Investigators' Workshop, Galveston, TX, February 12, 2014.
- 159. Dinges, D.F., **Basner, M.**, Mollicone, D.J., Jones, C.W., Ecker, A.J., Bartels, R., Mott, C.: Effects of time in mission: ISS astronauts ratings of stress. Talk at NASA Human Research Program Investigators' Workshop, Galveston, TX, February 12, 2014.
- 160. Mollicone, D.J., Stubna, M.D., Kan, K.G.W., Mott, C.G., **Basner, M.**, Dinges, D.F., Pickard, S.: Software system for real-time medical operational support on ISS. Talk at NASA Human Research Program Investigators' Workshop, Galveston, TX, February 12, 2014.
- Dinges, D.F., Jones, C.W., **Basner, M.**, Yu, X., Yang, F., Goel, N., Abe, T., Metaxas, D.N.: Development and validation of optical computer recognition (OCR) to detect fatigue and emotion in space flight. Talk at NASA Human Research Program Investigators' Workshop, Galveston, TX, February 12, 2014.
- 162. **Basner, M.**, Spaeth, A., Dinges, D.F.: The relationship between television viewing and sleep duration. Poster at the 28<sup>th</sup> Annual Meeting of the Associated Professional Sleep Societies, Minneapolis, June 4, 2014.
- 163. Perlis, M.L., Grandner, M.A., **Basner, M.**, Chakravorty, S., Brown, G.K., Morales, K.H., Thase, M.E., Dinges, D.F., Gehrman, P.R., Chaudhary, N.S.: When accounting for wakefulness, completed suicides exhibit an increased likelihood during circadian night. Talk at the 28<sup>th</sup> Annual Meeting of the Associated Professional Sleep Societies, Minneapolis, June 3, 2014.

- 164. Rao, H., Fang, Z., Spaeth, A.M., Zhu, S., Goel, N., **Basner, M.**, Detre, J.A., Dinges, D.F.: Late-night fat intake modulates next day resting-state reward pathway connectivity during sleep deprivation. Talk at the 28<sup>th</sup> Annual Meeting of the Associated Professional Sleep Societies, Minneapolis, June 3, 2014.
- 165. **Basner, M.**, McGuire, S., Müller, U., Elmenhorst, E.-M.: Inter-individual differences in the effects of aircraft noise on sleep fragmentation. Talk at the 11<sup>th</sup> International Congress on Noise as a Public Health Problem (ICBEN), Nara, Japan, June 2, 2014.
- 166. McGuire, S., Müller, U., Plath, G., **Basner, M.**: Refinement and validation of an ECG based algorithm for detecting awakenings. Talk at the 11<sup>th</sup> International Congress on Noise as a Public Health Problem (ICBEN), Nara, Japan, June 2, 2014.
- 167. **Basner, M.**, McGuire, S., Müller, U., Elmenhorst, E.-M.: Inter-individual differences in the effects of aircraft noise on sleep fragmentation. Talk at the Penn Center for Sleep & Circadian Neurobiology & Chronobiology Program Research Retreat, University of Pennsylvania, Philadelphia, PA, June 23, 2014.
- 168. McGuire, S., Müller, U., Plath, G., **Basner, M.**: Refinement and validation of an ECG based algorithm for detecting awakenings. Poster at the Penn Center for Sleep & Circadian Neurobiology & Chronobiology Program Research Retreat, University of Pennsylvania, Philadelphia, PA, June 23, 2014.
- 169. **Basner, M.**, Spaeth, A., Dinges, D.F.: The relationship between television viewing and sleep duration. Poster at the Penn Center for Sleep & Circadian Neurobiology & Chronobiology Program Research Retreat, University of Pennsylvania, Philadelphia, PA, June 23, 2014.
- 170. **Basner, M.**, Dinges, D.F.: New likelihood ratio metric for the Psychomotor Vigilance Test and implications for the choice of a primary outcome metric. Poster at the Penn Center for Sleep & Circadian Neurobiology & Chronobiology Program Research Retreat, University of Pennsylvania, Philadelphia, PA, June 23, 2014.
- 171. Goel, N., Abel, T., **Basner, M.**, Bhatnagar S., Dinges, D., Kirkpatrick, J., Weljie, A.: Biomarkers as predictors of resiliency and susceptibility to stress in space flight. Poster at NASA's Human Research Program Investigators' Workshop, Galveston, TX, January 13, 2015
- 172. Dinges, D.F., Metaxas, D.N., Jones, C.W., Zhong, L., Yu, X., Dennis, L., Trentalange, M., Ecker, A., **Basner, M.**: Optical Computer Recognition (OCR) of stress, negative affect and fatigue in space flight: proof-of-principle. Presentation at NASA's Human Research Program Investigators' Workshop, Galveston, TX, January 14, 2015.
- 173. Mollicone, D.J., Stubna, M.D., Kan, K.G.W., Mott, C.G., **Basner, M.**, Dinges, D.F., Pickard, S.: Behavioral Health and performance dashboard software (BHP-DS). Presentation at NASA's Human Research Program Investigators' Workshop, Galveston, TX, January 14, 2015.
- 174. **Basner, M.**, Dinges, D.F., McGuire, S., Nasrini, J., Mollicone, D.J., Mott, C.G., McCann, T., Port, A., Savitt, A., Moore, T.M., Gur, R. C.: Cognitive performance in space flight: update on the development and validation of the Cognition test battery. Presentation at NASA's Human Research Program Investigators' Workshop, Galveston, TX, January 14, 2015.
- 175. Dinges, D.F., **Basner, M.**, Mollicone, D.J., Ecker, A.E., Jones, C.W., Hyder, E.C., DiAntonio, A., Savelev, I., Kan, K., Morukov, B.V., Sutton, J.P.: Reaction Self-Test (RST) results from astronauts on ISS compared to RST assessments from the crew of the 520-day simulated mission to Mars. Presentation at NASA's Human Research Program Investigators' Workshop, Galveston, TX, January 14, 2015.

- 176. McGuire, S., Ecker, A.J., Nasrini, J., Dinges, D.F., **Basner, M.**: An objective measure of crew cohesion in space flight using proximity sensors. Poster at NASA's Human Research Program Investigators' Workshop, Galveston, TX, January 15, 2015.
- 177. **Basner, M.**, Nasrini, J., McGuire, S., Dinges, D.F., Goel, N., Ecker, A.J., Johannes, B., Rittweger, J., Gerlach, D., Stahn, A., Gunga, H.-C., Mollicone, D.J., Mott, C.G., Satterthwaite, T., Elliott, M., Bilker, W., Gur, R.C.: Neurostructural, cognitive, and physiologic changes during a 1-year Antarctic winter-over mission: study design and research methodology. Poster at NASA's Human Research Program Investigators' Workshop, Galveston, TX, January 15, 2015.
- 178. Tkachenko, O., Jones, C.W., Allen, J., Banks, S., **Basner, M.**, Dinges, D.F.: Impact of recovery sleep opportunity on neurobehavioral measures following chronic sleep restriction. Talk at the 29<sup>th</sup> Annual Meeting of the Associated Professional Sleep Societies, Seattle, June 7, 2015.
- 179. **Basner, M.**, McGuire, S., Goel, N., Rao, H., Dinges, D.F.: New likelihood ratio metric for the psychomotor vigilance test and implications for the choice of a primary PVT outcome metric. Poster at the 29<sup>th</sup> Annual Meeting of the Associated Professional Sleep Societies, Seattle, June 8, 2015.
- 180. Ma, N., Spaeth, A., Fang, Z., Goel, N., **Basner, M.**, Dinges, D.F., Rao, H.: Time-of-day variations in brain function: an ASL perfusion imaging study. Poster at the 29<sup>th</sup> Annual Meeting of the Associated Professional Sleep Societies, Seattle, June 9, 2015.
- 181. Taylor, A.L., **Basner, M.**, Dinges, D.F., Gur, R.C., Goel, N., Spaeth, A.M.: Vitamin E intake associates with spatial memory performance during sleep restriction in healthy women. Poster at the 29<sup>th</sup> Annual Meeting of the Associated Professional Sleep Societies, Seattle, June 9, 2015.
- 182. **Basner, M.**, McGuire, S., Müller, U., Elmenhorst, E.-M.: Inter-individual differences in the effects of aircraft noise on sleep fragmentation. Poster at the 29<sup>th</sup> Annual Meeting of the Associated Professional Sleep Societies, Seattle, June 9, 2015.
- 183. McGuire, S., **Basner, M.**: Predictions of sleep disturbance for different nighttime airport operation strategies using a new Markov state transition model. Poster at the 29<sup>th</sup> Annual Meeting of the Associated Professional Sleep Societies, Seattle, June 10, 2015.
- 184. Tkachenko, O., Jones, C.W., Allen, J., Banks, S., **Basner, M.**, Dinges, D.F.: Impact of recovery sleep opportunity on neurobehavioral measures following chronic sleep restriction. Talk at the 2<sup>nd</sup> Annual CSCN & Penn Chronobiology Research Retreat, Philadelphia, PA, June 17, 2015.
- 185. McGuire, S., **Basner, M.**: Predictions of sleep disturbance for different nighttime airport operation strategies using a new Markov state transition model. Poster at the 2<sup>nd</sup> Annual CSCN & Penn Chronobiology Research Retreat, Philadelphia, PA, June 17, 2015.
- 186. Taylor, A.L., **Basner, M.**, Dinges, D.F., Gur, R.C., Goel, N., Spaeth, A.M.: Vitamin E intake associates with spatial memory performance during sleep restriction in healthy women. Poster at the 2<sup>nd</sup> Annual CSCN & Penn Chronobiology Research Retreat, Philadelphia, PA, June 17, 2015.
- 187. Johnston, S., Dinges, D.F., Jones, C.W., Ecker, A.J., Baskin, P, **Basner, M.**: Cognitive effects of abrupt awakening from sleep after ingestion of zolpidem and zaleplon: a randomized controlled trial. Poster at the 2<sup>nd</sup> Annual CSCN & Penn Chronobiology Research Retreat, Philadelphia, PA, June 17, 2015.

- 188. **Basner, M.**, Dinges, D.F., Shea, J.A., Small, D.S., Zhu, J., Norton, L., Ecker, A.J., Novak, C., Bellini, L.M., Volpp, K.G.: Sleep and alertness in medical interns and residents working regular and 30 hour overnight shifts. Poster at the 2<sup>nd</sup> Annual CSCN & Penn Chronobiology Research Retreat, Philadelphia, PA, June 17, 2015.
- 189. **Basner, M.**, McGuire, S., Nasrini, J., Hermosillo, E., Ecker, A.J., Mollicone, D.J., Mott, C.G., Port, A.M., Moore, T.M., Gur, R.C., and Dinges, D.F.: Behavioral core measures (BCM): Cognition. Poster at NASA's Human Research Program Investigators' Workshop, Galveston, TX, February 9, 2016.
- 190. **Basner, M.**, Dinges, D.F., McGuire, S., Nasrini, J., Hermosillo, E., Ecker, A.J., Mollicone, D.J., Mott, C.G., Port, A.M., Moore, T.M., and Gur, R.C.: Update on the development and validation of the cognition test battery for spaceflight. Poster at NASA's Human Research Program Investigators' Workshop, Galveston, TX, February 9, 2016.
- 191. **Basner, M.**, Dinges, D.F., Nasrini, J., McGuire, S., Hermosillo, E., Ecker, A.J., Johannes, B., Gerlach, D.A., Stahn, A., Gunga, H.C., Mollicone, D.J., Mott, C.G., Melzer, T., Roalf, D., Elliott, M., Prabhakaran, K., Bilker, W., and Gur, R.C.: Neurostructural, cognitive, and physiologic changes during a 1-year Antarctic winter-over mission. Poster at NASA's Human Research Program Investigators' Workshop, Galveston, TX, February 9, 2016.
- 192. **Basner, M.**, Dinges, D.F., Nasrini, J., McGuire, S., Hermosillo, E., Ecker, A.J., Mollicone, D.J., Moore, T.M., and Gur, R.C.: Spaceflight effects on cognitive performance in the TWINS study. Oral Presentation at NASA's Human Research Program Investigators' Workshop, Galveston, TX, February 8, 2016.
- 193. Dinges, D.F., Metaxas, D.N., Zhong, L., Yu, X., Wang, L., Dennis, L., Ecker, A., Yu, A., Trentalange, M., Jones, C.W., and **Basner, M.**: Optical computer recognition (OCR) of stress, affect and fatigue in spaceflight. Poster at NASA's Human Research Program Investigators' Workshop, Galveston, TX, February 9, 2016.
- 194. Dinges, D.F., Basner, M., Mollicone, D.J., Ecker, A., Jones, C.W., Hyder, E.C., Di Antonio, A., Dennis, L., and Kan, K.: Reaction self-test (RST) from 6-month missions on ISS (PVT on ISS). Oral Presentation at NASA's Human Research Program Investigators' Workshop, Galveston, TX, February 10, 2016.
- 195. Dinges, D.F., **Basner, M.**, Mollicone, D.J., Stuster, J., Strangman, G., Roma, P., Gur, R.C., Stahn, A., Dennis, L., Trentalange, M., Ecker, A.J., Nasrini, J., and Mott, C.: Standardized behavioral measures toolkit (SBMT): Overview. Oral Presentation at NASA's Human Research Program Investigators' Workshop, Galveston, TX, February 10, 2016.
- 196. Dinges, D.F., Dennis, L., Trentalange, M., Ecker, A.J., Nasrini, J., and **Basner, M.**: Standardized behavioral measures toolkit (SBMT): Self-report measures. Poster at NASA's Human Research Program Investigators' Workshop, Galveston, TX, February 9, 2016.
- 197. Dinges, D.F., Goel, N., **Basner, M.**, Rao, H., McGuire, S., Dennis, L., Allen, J., and Trentalange, M.: Markers of susceptibility to neurobehavioral decrements in spaceflight. Poster at NASA's Human Research Program Investigators' Workshop, Galveston, TX, February 9, 2016.
- 198. Goel, N., Dennis, L., Ecker, A., Abel, T., **Basner, M.**, Bhatnagar, S., Dinges, D.F., Kirkpatrick, J., and Weljie, A.: Biomarkers as predictors of resiliency and susceptibility to stress in space flight. Poster at NASA's Human Research Program Investigators' Workshop, Galveston, TX, February 9, 2016.

- 199. Hermosillo, E., Dinges, D.F., McGuire, S., Nasrini, J., Ecker, A.J., Mollicone, D.J., Mott, C.G., Port, A.M., Moore, T.M., Gur, R.C., and **Basner, M.**: Structured debriefs on feasibility and acceptability of the cognition test battery for spaceflight. Poster at NASA's Human Research Program Investigators' Workshop, Galveston, TX, February 9, 2016.
- 200. Johnston, S., Dinges, D.F., Jones, C.W., Ecker, A.J., Baskin, P., Trentalange, M., and Basner, M.: Operational ground testing protocol to optimize astronaut sleep medication efficacy and individual effects. Oral Presentation at NASA's Human Research Program Investigators' Workshop, Galveston, TX, February 10, 2016.
- 201. McGuire, S., Dinges, D.F., Nasrini, J., Hermosillo, E., Ecker, A.J., Johannes, B., Stahn, A., Gur, R.C., and **Basner, M.**: Sleep continuity and heart rate variability during a 1-year Antarctic winter-over mission. Poster at NASA's Human Research Program Investigators' Workshop, Galveston, TX, February 9, 2016.
- 202. Nasrini, J., Dinges, D.F., McGuire, S., Hermosillo, E., Ecker, A.J., Mollicone, D.J., Mott, C.G., Port, A., Moore, T.M., Gur, R.C., and **Basner, M.**: Cognition in a human exploration research analog (HERA). Poster at NASA's Human Research Program Investigators' Workshop, Galveston, TX, February 9, 2016.
- 203. Gur, R.C., **Basner, M.**, Moore, T.M., Kabadi, S., Nasrini, J., Roalf, D., Ruparel, K., Port, A., Jackson, C., and Dinges, D.F.: Cognition validation study in high-performing healthy controls. Poster at NASA's Human Research Program Investigators' Workshop, Galveston, TX, February 9, 2016.
- 204. **Basner, M.**: Effects of environmental noise on sleep and health: Mechanisms, mitigation, and research needs. Oral Presentation at the 30<sup>th</sup> Anniversary Meeting of the Associated Professional Sleep Societies, Denver, June 14, 2016.
- 205. Tkachenko, O., Abe, T., **Basner, M.**, and Dinges, D.F.: Individual differences in neurobehavioral response to chronic sleep restriction are not related to markers of physiological sleep homeostasis. Oral Presentation at the 30<sup>th</sup> Anniversary Meeting of the Associated Professional Sleep Societies, Denver, June 14, 2016.
- 206. Dinges, D.F., Johnston, S., Jones, C.W., Ecker, A.J., Baskin, P., and **Basner, M.**: A placebocontrolled cross-over trial on the cognitive effects of emergent awakening from sleep after ingestion of Zolpidem and Zaleplon. Oral Presentation at the 30<sup>th</sup> Anniversary Meeting of the Associated Professional Sleep Societies, Denver, June 15, 2016.
- 207. Xu, S., Fang, Z., Ma, N., Zhu, S., Spaeth, A., Shi, H., **Basner, M.**, Goel, N., Wang, S., Detre, J.A., Dinges, D.F., and Rao, H.: Acute total sleep deprivation alters midbrain water diffusivity in cognitively vulnerable individuals. Oral Presentation at the 30<sup>th</sup> Anniversary Meeting of the Associated Professional Sleep Societies, Denver, June 15, 2016.
- 208. McGuire, S., Witte, M., Müller, U., and **Basner, M.**: Association between noise-induced awakenings and awakenings during noise-free periods. Poster at the 30<sup>th</sup> Anniversary Meeting of the Associated Professional Sleep Societies, Denver, June 11-15, 2016.
- 209. Rao, H., Ma, N., Fang, Z., Zhu, S., Hu, S., Shi, H., Spaeth, A., Goel, N., **Basner, M.**, Detre, J.A., and Dinges, D.F.: Effects of acute total sleep deprivation on resting and attending brain function. Poster at the 30<sup>th</sup> Anniversary Meeting of the Associated Professional Sleep Societies, Denver, June 11-15, 2016.
- 210. Spaeth, A.M., Ma, N., Fanz, Z., Zhu, S., Hu, S., Goel, N., Basner, M., Dinges, D.F., Detre, J.A., and Rao, H.: Slow-wave sleep duration predicts next-day resting hippocampal function. Poster at the 30<sup>th</sup> Anniversary Meeting of the Associated Professional Sleep Societies, Denver, June 11-15, 2016.

- 211. Kast, J., Yu, Y., Cook, K., Moecker, R., **Basner, M.**, Barger, L., Derendorf, H., Wotring, V.: Rx metabolism: Inflight pharmacokinetic and pharmacodynamic responses to medications commonly used in spaceflight. Poster at NASA Human Research Program Investigators' Workshop, Houston, TX, January 23, 2017.
- 212. Laurie, S., **Basner, M.**, Lathan, C., Lovering, A., Lee, S., Martin, D., Stenger, M.: VaPER: Cerebrovascular, cognitive, and sleep assessment during 30 days of 6° head-down tilt bed rest in a 0.5% CO2 environment. Poster at NASA Human Research Program Investigators' Workshop, Houston, TX, January 23, 2017.
- 213. Stahn, A., Dinges, D., Nasrini, J., McGuire, S., Hermosillo, E., Ecker, A., Kuehn, S., Werner, A., Brauns, K., Gunga, H., Moore, T., Roalf, D., Elliott, M., Prabhakaran, K., Gur, R., Basner, M.: Hybrid Training a sensory stimulation countermeasure for long duration space exploration missions. Poster at NASA Human Research Program Investigators' Workshop, Houston, TX, January 24, 2017.
- 214. Roalf, D., Prabhakaran, K., **Basner, M.**, Dinges, D., Stahn, A., Nasrini, J., McGuire, S., Hermosillo, E., Ecker, A., Johannes, B., Gerlach, D., Gunga, H., Melzer, T., Taylor, B., Elliott, M., Bilker, W., Gur, R.: Neurostructural, cognitive, and physiologic changes during a 1-year Antarctic winterover mission. Poster at NASA Human Research Program Investigators' Workshop, Houston, TX, January 24, 2017.
- 215. Hermosillo, E., Dinges, D., McGuire, S., Nasrini, J., Ecker, A., Stahn, A., Moore, T., Gur, R., Johannes, B., **Basner, M.**: Increasing administration order flexibility of the Cognition test battery for spaceflight. Poster at NASA Human Research Program Investigators' Workshop, Houston, TX, January 24, 2017.
- 216. Barger, L., Sullivan, J., Flynn-Evans, E., **Basner, M.**, Dinges, D., Seaton, K., Wang, W., Czeisler, C.: The impact of objectively measured sleep deficiency and circadian misalignment on performance during spaceflight. Poster at NASA Human Research Program Investigators' Workshop, Houston, TX, January 24, 2017.
- 217. Dinges, D., Metaxas, D., Zhong, L., Yu, X., Wang, L., Dennis, L., Park-Chavar, S., Carlin, P., Ecker, A., Yu, A., Jones, C., **Basner, M.**: Optical computer recognition of stress, affect and fatigue in space flight. Poster at NASA Human Research Program Investigators' Workshop, Houston, TX, January 24, 2017.
- 218. Dennis, L., **Basner, M.**, Strangman, G., Stuster, J., Mollicone, D., Roma, P., Williams, T., Gur, R., Stahn, A., Ecker, A., Nasrini, J., Mott, C., Dinges, D.: Psychological self-report data in HERA: A component of Behavioral Core Measures (Previously SBMT). Poster at NASA Human Research Program Investigators' Workshop, Houston, TX, January 24, 2017.
- 219. Moore, T., **Basner, M.**, Seelaus, K., Nasrini, J., Hermosillo, E., McGuire, S., Ecker, A., Roalf, D., Ruparel, K., Jackson, C., Port, A., Dinges, D., Gur, R.: Validation of the Cognition test battery for spaceflight in a Sample of STEM Educated Adults, with ongoing follow-up. Poster at NASA Human Research Program Investigators' Workshop, Houston, TX, January 24, 2017.
- 220. Nasrini, J., Dinges, D., McGuire, S., Hermosillo, E., Ecker, A., Mollicone, D., Mott, C., Binsted, K., Caldwell, B., Moore, T., Gur, R., Basner, M.: Cognitive performance in long-duration Mars simulations at the Hawaii Space Exploration Analog and Simulation (HI-SEAS). Poster at NASA Human Research Program Investigators' Workshop, Houston, TX, January 24, 2017.

- 221. Nasrini, J., Dinges, D., McGuire, S., Hermosillo, E., Ecker, A., Moore, T., Gur, R., Stevens, B., Donoviel, D., Mulder, E., Bershad, E., Basner, M.: Effects of 12-degrees head-down tilt with and without elevated levels of CO2 on cognitive performance: The Space-COT study. Poster at NASA Human Research Program Investigators' Workshop, Houston, TX, January 24, 2017.
- 222. Binsted, K., **Basner, M.**, Bedwell, W., Bishop, S., Caldwell, B., Chang, D., Hunter, J., Kozlowski, S., Roma, P., Shiro, B., Wu, P.: Investigations at HI-SEAS into team function and performance on, and crew composition for, long duration exploration missions. Poster at NASA Human Research Program Investigators' Workshop, Houston, TX, January 24, 2017.
- 223. Dinges, D., **Basner, M.**, Mollicone, D., Ecker, A., Jones, C., Mott, C., Hyder, E., Di, Antonio, A., Dennis, L., Kan, K.: PVT on ISS: Reaction Self-Test (RST) from 6-month missions. Oral Presentation at NASA Human Research Program Investigators' Workshop, Houston, TX, January 24, 2017.
- 224. McGuire, S., Dinges, D., Ecker, A., Nasrini, J., Hermosillo, E., **Basner, M.**: Activity levels, sleep patterns, and proximity measurements in a Human Exploration Research Analog (HERA). Oral Presentation at NASA Human Research Program Investigators' Workshop, Houston, TX, January 24, 2017.
- 225. Dayal, D., Donoviel, D., Stevens, B., Hazel, R., Scott, R., Jesudasen, S., Ivkovic, V., Strangman, G., **Basner, M.**, Nasrini, J., Clark, J.: Cognitive study of tilt effects (CUTE Study). Oral Presentation at NASA Human Research Program Investigators' Workshop, Houston, TX, January 24, 2017.
- 226. Ryder, V., Scully, R., Alexander, D., Lam, C., Young, M., Satish, U., **Basner, M.**: Effects of acute exposures to carbon dioxide upon cognitive functions. Oral Presentation at NASA Human Research Program Investigators' Workshop, Houston, TX, January 24, 2017.
- 227. Stahn, A., Gunga, H., Chouker, A., Dinges, D., **Basner, M.**, Kuehn, S.: Long-duration Antarctic overwintering suppresses hippocampal plasticity, cognitive performance and key neurotrophins. Oral Presentation at NASA Human Research Program Investigators' Workshop, Houston, TX, January 24, 2017.
- 228. Dinges, D., Basner, M., Goel, N., Rao, H., McGuire, S., Hermosillo, E., Dennis, L., Carlin, P., Trentalange, M., Lin, L., Mignot, E.: Markers of susceptibility to neurobehavioral decrements in spaceflight. Oral Presentation at NASA Human Research Program Investigators' Workshop, Houston, TX, January 24, 2017.
- 229. Dinges D., Basner, M., Strangman, G., Stuster, J., Mollicone, D., Roma, P., Gur, R., Stahn, A., Dennis, L., Ecker, A., Nasrini, J., Mott, C., Williams, T.: Behavioral Core Measures (Previously SBMT): Overview of data collection in HERA 30-day missions. Oral Presentation at NASA Human Research Program Investigators' Workshop, Houston, TX, January 25, 2017.
- 230. Basner, M., Dinges, D., McGuire, S., Nasrini, J., Hermosillo, E., Ecker, A., Mollicone, D., Mott, C., Port, A., Moore, T., Gur, R.: Update on the development and validation of the Cognition test battery for spaceflight. Oral Presentation at NASA Human Research Program Investigators' Workshop, Houston, TX, January 25, 2017.
- Williams, T., Landon, L., Vessey, W., Schneiderman, J., **Basner**, M.: Developing behavioral health and performance standard measures for the team, sleep, and behavioral medicine

- (BMed) risks. Oral Presentation at NASA Human Research Program Investigators' Workshop, Houston, TX, January 25, 2017.
- 232. Bershad, E., Venkatasubba, Rao, C., Suarez, J., Sangi-Haghpeykar, H., Calvillo, E., Stevens, B., Damani, R., Clark, J., Kramer, L., Hasan, K., Basner, M., Strangman, G., Stetefeld, H., Dohmen, C., Marshall-Goebel, K., Stern, C., Limper, U., Ritwegger, J., Mulder, E., Donoviel, D.: SPACE-COT: Studying the physiological and anatomical cerebral effects of carbon dioxide and head down tilt: An international collaborative project with the German Aerospace Center (DLR). Oral Presentation at NASA Human Research Program Investigators' Workshop, Houston, TX, January 25, 2017.
- 233. **Basner, M.**, Dinges, D., Nasrini, J., McGuire, S., Hermosillo, E., Ecker, A., Mollicone, D., Moore, T., Gur, R.: Performance on the Cognition battery in the TWINS study. Oral Presentation at NASA Human Research Program Investigators' Workshop, Houston, TX, January 25, 2017.
- 234. McGuire, S., Witte, M., Kallarackal, A., **Basner, M.**: Pilot study examining the effects of aircraft noise on sleep in communities near Philadelphia International airport. Poster at the 31<sup>st</sup> Anniversary Meeting of the Associated Professional Sleep Societies, Boston, MA, June 11-15, 2017.
- 235. Tkachenko, O., Taylor, A., **Basner, M.**, Dinges, D.: Impact of chronic partial sleep restriction on sleeping patterns beyond the laboratory. Poster at the 31<sup>st</sup> Anniversary Meeting of the Associated Professional Sleep Societies, Boston, MA, June 11-15, 2017.
- 236. **Basner, M.**, McGuire, S.: WHO Environmental Noise Guidelines: systematic review of environmental noise and sleep. Poster at the 31<sup>st</sup> Anniversary Meeting of the Associated Professional Sleep Societies, Boston, MA, June 11-15, 2017.
- 237. Boland, E., Rao, H., Dinges, D.F., Smith, R.V., Goel, N., Detre, J., **Basner, M.**, Sheline, Y., Thase, M.E., Gehrman, P.R.: Meta-analysis of the antidepressant effects of therapeutic sleep deprivation. Poster at the 31<sup>st</sup> Anniversary Meeting of the Associated Professional Sleep Societies, Boston, MA, June 11-15, 2017.
- 238. **Basner, M.**, McGuire, S.: Pilot study examining the effects of aircraft noise on sleep in communities near Philadelphia International airport. Presentation at the 12<sup>th</sup> ICBEN Congress on Noise as a Public Health Problem, Zurich, Switzerland, June 18-22, 2017.
- 239. McGuire, S., **Basner, M.**: WHO Environmental Noise Guidelines for the European Region: a systematic review on environmental noise and effects on sleep. Presentation at the 12<sup>th</sup> ICBEN Congress on Noise as a Public Health Problem, Zurich, Switzerland, June 18-22, 2017.
- 240. Müller, U., Elmenhorst, E.-M., Mendolia, F., Quehl, J., Basner, M., McGuire, S., Aeschbach, D.: A comparison of the effects of night time air traffic noise on sleep at Cologne/Bonn and Frankfurt Airport after the night flight ban. Presentation at the 12<sup>th</sup> ICBEN Congress on Noise as a Public Health Problem, Zurich, Switzerland, June 18-22, 2017.
- 241. Elmenhorst, E.-M., Müller, U., Mendolia, F., Quehl, J., **Basner, M.**, Aeschbach, D.: Association between residents' attitude towards air traffic and their objective sleep quality at Frankfurt Airport. Presentation at the 12<sup>th</sup> ICBEN Congress on Noise as a Public Health Problem, Zurich, Switzerland, June 18-22, 2017.

- 242. Schäffer, B., Pieren, R., Mendolia, F., **Basner, M**., Brink, M.: On the application of two statistical approaches to establish noise exposure-response relationships from repeated binary observations. Presentation at the 12<sup>th</sup> ICBEN Congress on Noise as a Public Health Problem, Zurich, Switzerland, June 18-22, 2017.
- 243. McGuire, S., Müller, U., Elmenhorst, E.-M., Mendolia, F., Aeschbach, D., **Basner, M.**: Cross-country comparison of aircraft noise-induced sleep disturbance. Poster at the 12<sup>th</sup> ICBEN Congress on Noise as a Public Health Problem, Zurich, Switzerland, June 18-22, 2017.
- 244. McGuire, S., **Basner**, M.: Development of a methodology for field studies on the effects of aircraft noise on sleep. Presentation at the 173<sup>rd</sup> Meeting of the Acoustical Society of America and the 8th Forum Acusticum, Boston, MA, June 25-29, 2017.
- 245. Münch, M., Wisniewski, S., Healey, B., Pattyn, N., **Basner, M.**, Kunz, D., Kawasaki, A.: Changes of the post-illumination pupil response, sleep and circadian rhythms during the Antarctic winter. Poster at the Annual Meeting of the European Biological Rhythms Society, Amsterdam, July 31, 2017.
- 246. Stahn, A., Brauns, K., Werner, A., **Basner, M.**, Dinges, D., Kuehn, S., Gunga, H.: Acute and chronic BDNF responses during 60 days of bed rest Exercise as a countermeasure? Oral Presentation at the NASA Human Research Program Investigators' Workshop, Houston, TX, January 22, 2018.
- 247. Roalf, D., Prabhakaran, K., **Basner, M.**, Dinges, D., Stahn, A., Nasrini, J., McGuire, S., Hermosillo, E., Ecker, A., Johannes, B., Gerlach, D., Gunga, H., Melzer, T., Taylor, B., Elliott, M., Bilker, W., Gur, R.: Neurostructural, cognitive, and physiologic changes during a 1-year Antarctic winter-over mission. Oral Presentation at the NASA Human Research Program Investigators' Workshop, Houston, TX, January 22, 2018.
- 248. Dinges, D., Basner, M., Strangman, G., Stuster, J., Roma, P., Mollicone, D., Gur, R., Stahn, A., Dennis, L., Ecker, A., Nasrini, J., Mott, C., Williams, T.: Standardized behavioral measures for detecting health risks during exploration (Behavioral Core Measures). Oral Presentation at the NASA Human Research Program Investigators' Workshop, Houston, TX, January 22, 2018.
- 249. **Basner, M.**, Dinges, D., Nasrini, J., Hermosillo, E., Ecker, A., Port, A., Moore, T., Gur, R.: Cognition battery research studies: Increasing Cognition administration order flexibility and longitudinal validation study in high-performing subjects. Oral Presentation at the NASA Human Research Program Investigators' Workshop, Houston, TX, January 22, 2018.
- 250. Nasrini, J., Dinges, D., Hermosillo, E., Stahn, A., Ecker, A., Mollicone, D., Mott, C., Moore, T., Gur, R., **Basner, M.**: Updates to the Cognition battery: Using normative performance data to improve stimulus selection and feedback display. Oral Presentation at the NASA Human Research Program Investigators' Workshop, Houston, TX, January 22, 2018.
- 251. Barger, L., Sullivan, J., Flynn-Evans, E., Basner, M., Dinges, D., Seaton, K., Abercromby, A., Limardo, J., Wessel, J., Wang, W., Czeisler, C.: Using the NASA flight sleep database to evaluate the association of sleep to spaceflight environment and performance. Oral Presentation at the NASA Human Research Program Investigators' Workshop, Houston, TX, January 23, 2018.

- 252. Dinges, D., Basner, M., Goel, N., Rao, H., Hermosillo, E., Dennis, L., Carlin, P., Trentalange, M., Lin, L., Mignot, E.: Markers of susceptibility to neurobehavioral decrements in space flight. Oral Presentation at the NASA Human Research Program Investigators' Workshop, Houston, TX, January 23, 2018.
- 253. Stahn, A., Brauns, K., Werner, A., Wolbers, T., Riemer, M., Craig, M., Dinges, D., **Basner, M.**, Gunga, H., Simone, K.: Hippocampal changes and spatial cognition associated with 60 days of bed rest with and without exercise as a countermeasure. Poster at the NASA Human Research Program Investigators' Workshop, Houston, TX, January 23, 2018.
- 254. Stahn, A., Dinges, D., Nasrini, J., Hermosillo, E., Ecker, A., Werner, A., Brauns, K., Gunga, H., Moore, T., Kuehn, S., Gur, R., **Basner, M.**: Hybrid training A sensory stimulation countermeasure for long duration space exploration missions. Poster at the NASA Human Research Program Investigators' Workshop, Houston, TX, January 23, 2018.
- 255. Dinges, D., **Basner, M.**, Bilker, W., Gur, R., Hensch, T., Nindl, B., Roma, P., Stahn, A.: NSCOR for evaluating risk factors and biomarkers for adaptation for resilience to spaceflight: Emotional valence and social processes in ICC/ICE environments. Poster at the NASA Human Research Program Investigators' Workshop, Houston, TX, January 23, 2018.
- 256. Binsted, K., **Basner, M.**, Bedwell, W., Caldwell, B., Hunter, J., Kozlowski, S., Roma, P., Schmer-Galunder, S.: HI-SEAS: Overview of results from the four, eight and twelve month missions. Poster at the NASA Human Research Program Investigators' Workshop, Houston, TX, January 23, 2018.
- 257. Laurie, S., **Basner, M.**, Christian, K., Lathan, C., Lovering, A., Lee, S., Martin, D., Stenger, M.: VaPER: Bed rest in a 0.5% CO2 environment. Oral Presentation at the NASA Human Research Program Investigators' Workshop, Houston, TX, January 24, 2018.
- 258. **Basner, M.**, Dinges, D., Nasrini, J., Hermosillo, E., Ecker, A., Mollicone, D., Moore, T., Gur, R.: Cognitive performance changes in the TWINS study. Oral Presentation at the NASA Human Research Program Investigators' Workshop, Houston, TX, January 24, 2018.
- 259. **Basner, M.**, Flynn-Evans, E., Lockley, S., Dinges, D.F.: Objective assessment tools for cognitive performance in space and on Earth. Presentation at the Annual Meeting of the Aerospace Medical Association, Dallas, TX, May 9, 2018.
- 260. Johnston, S.L., Flynn-Evans, E., Lockley, S., Blue, R.S., **Basner, M.**: A personalized space medicine approach to fatigue risk management services. Presentation at the Annual Meeting of the Aerospace Medical Association, Dallas, TX, May 9, 2018.
- 261. Jiang, Y., Chai, Y., Yang, F., Xu, S., **Basner, M.**, Detre, J.A., Dinges, D.F., Rao, H.: Effects of sleep deprivation and recovery sleep on human brain network organization. Presentation at the Annual Meeting of the Associated Professional Sleep Societies (APSS), Baltimore, MD, June 3, 2018.
- 262. Yang, F., Xu, S., **Basner, M.**, Chai, Y., Dinges, D.F., Rao, H.: Sleep deprivation enlarges inter-stimulus interval on vigilant attention. Poster at the Annual Meeting of the Associated Professional Sleep Societies (APSS), Baltimore, MD, June 3, 2018.
- Tubbs, A., Perlis, M., Chakravorty, S., **Basner, M.**, Killgore, W., Gehrels, J., Alfonso-Miller, P, Grandner, M.: Does increased risk of suicide at night favor one method of suicide over another? Poster at the Annual Meeting of the Associated Professional Sleep Societies (APSS), Baltimore, MD, June 4, 2018.

- 264. Tubbs, A., Perlis, M., Chakravorty, S., **Basner, M.**, Killgore, W., Gehrels, J., Alfonso-Miller, P, Grandner, M.: Seasonal changes in nocturnal suicide risk. ? Poster at the Annual Meeting of the Associated Professional Sleep Societies (APSS), Baltimore, MD, June 4, 2018.
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- 1. **Basner, M.**: "Does noise hurt?", radio interview, rbb info radio, Berlin, Germany, 05/24/2011
- 2. **Basner, M.**: "Mars 500: simulated mission results reveal problem of sleep deprivation for astronauts", Skype interview, The Telegraph, London, United Kingdom, 01/07/2013
- 3. **Basner, M.**: "Results of a 520-day simulated mission to Mars", interview with Al Jazeera English TV, London, united Kingdom, 01/08/2013
- 4. **Basner, M.**: "The Mars500 experiment: sleeping in space", radio interview, Word of Mouth, New Hampshire Public Radio, 01/15/2013
- 5. **Basner, M.**: "Results of a 520-day simulated mission to Mars ", radio interview, ABC 774 Melbourne Red Symons' Breakfast, 01/15/2013
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- 7. **Basner, M.**: "Noise-induced hearing loss", radio interview, BBC World Service, Health Check, 05/14/2014
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